



Sacred Heart UNIVERSITY



2022 IMPACT REPORT

FROM OUR HEART TO YOURS, OUR DEEPEST THANKS

A YEAR IN REVIEW



**THE MOST
IMPORTANT
FACT: YOU
FUEL THE
PIONEER
EXPERIENCE**

2021-22 was an impressive year of accomplishments and impact across Sacred Heart University.

Our students remain at the heart of our great University. You will hear their stories in the coming pages, brought to life by the power of philanthropy. Your generosity enhanced, and in many instances secured, their ability to attend and thrive at SHU, free of the worries that a financial burden places on students. For that, we are most grateful.

The University's enrollment has grown to over 10,000 students, we welcomed new faculty and staff, and our beautiful campus expansion continues to enhance the student experience. Our physical plant continues to grow and improve with over 2.2 million square feet of building space and state-of-the-art facilities, including our newest addition, the Martire Family Arena, a premier hockey and skating arena located on Sacred Heart's West Campus.

We brought new programming and performances to the Sacred Heart University Community Theatre, to wide critical acclaim. We continued to enhance exhibits, technology and programming at the Sacred Heart University Discovery Science Center & Planetarium, providing crucial operating support and the power of our University's brand to boost this longstanding community jewel. And more than 2,500 excited students received degrees at our May commencement ceremonies, officially becoming members of our SHU alumni community!

Yet our work is not finished. Now more than ever, we need your assistance. Our students – in ever-increasing numbers – will continue to have financial need and we must support them. We must continue to recruit and retain world-renowned faculty. We must continue to expand our campus and secure capital improvements. Finally, we must remain a vital member and investor in our greater Fairfield community.

To do that, we need you!

We invite you to join us as we prepare for an exciting 2023 at Sacred Heart University.

From our heart to yours, our deepest thanks.

With gratitude,

Paul J. Sutera
Senior Vice President of University Advancement

THE IMPACT OF SHU'S UPWARD TRAJECTORY IN NATIONAL RANKINGS AND ENROLLMENT

U.S. News & World Report Places SHU Among Best Universities

- The Princeton Review includes SHU in its Best 388 Colleges–2023 Edition, and Best Business Schools–2022 Edition
- The Chronicle of Higher Education ranked SHU one of the Fastest-Growing Private Doctoral Institutions in 2022

About Sacred Heart University

- As the second-largest Catholic university in New England, Sacred Heart University is a national leader in shaping higher education for the 21st century
- SHU offers nearly 90 undergraduate, master's, doctoral and certificate programs across its Connecticut campuses in Fairfield, Stamford and Griswold, as well as online
- SHU's Dingle, Ireland, campus continues to welcome students year round
- Over 10,000 students attend the University, between part- and full-time undergraduate and graduate students
- SHU's 9 Colleges & Schools Include:
 - > College of Arts & Sciences
 - > School of Communication, Media & the Arts
 - > School of Social Work
 - > Dr. Susan L. Davis, R.N., & Richard J. Henley College of Nursing
 - > Isabelle Farrington College of Education & Human Development
 - > College of Health Professions
 - > Jack Welch College of Business & Technology
 - > School of Computer Science & Engineering
 - > St. Vincent's College
- SHU's Top 10 Undergraduate Majors (as of March 2022)

1. Nursing	6. Health Science
2. Psychology	7. Management
3. Marketing	8. Biology
4. Exercise Science	9. Interdisciplinary Studies
5. Finance	10. Accounting
- SHU is home to:
 - > The award-winning, NPR-affiliated radio station, WSHU
 - > 33 Division I Athletics Programs
 - > A top performing arts program that includes Choral, Band & Orchestra, Dance and Theatre Arts

FACTS + STATS

Happiest Students
Princeton Review ranks SHU 10th on its 2020 "Happiest Students" listing

Community Service
115,000+ Hours

Top Colleges
Named one of America's top colleges by Forbes

College of Distinction
2022-2023

Top 10
SHU ranked Top 10 in Best College Campuses on the East Coast by College Magazine

**WITH GRATITUDE,
FROM THE WELCH
COLLEGE OF BUSINESS
& TECHNOLOGY AND
THE COLLEGE OF ARTS
& SCIENCES**

Thai Nguyen was selected as a Welch Scholar in summer 2021 and finished his final year as a cybersecurity major on time while limiting his financial debt. According to Thai, the mentoring and project guidance he received were as important as the scholarship. The Welch Experience allowed him to design and develop a cybersecurity project focusing on Microservice APIs. Thai is now preparing a paper for publication based on the outcomes of his project.



Discussing my project with potential employers gave me an advantage when searching for my first job. I am employed as a cybersecurity engineer for Raymond James Financial and I am enjoying my project work in this new role."

- Thai Nguyen '22



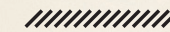
Sana Mohammad, a junior honors biology major on the pre-medical track minoring in chemistry, is a recipient of the Dr. Daniel T. Banks Scholarship. Sana's goal is to become a cardiologist, inspired by her late grandfather who passed away during open heart surgery in 2013.

Since the start of her freshman year, Sana experienced a dynamic community and resources on campus that helped her transition as a college student. "I felt at ease with the transition to college thanks to my kind and thoughtful advisors, peers and professors. The culture of service here at SHU is ever-growing and sharing this passion with my peers has been a very rewarding experience," she said.

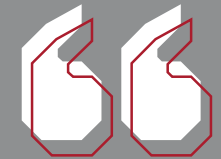


As a first-generation college student, the financial aspect was very difficult for my family and me. Receiving grants and scholarships has immensely eased the pressure and hardship of the cost of attending university."

- Sana Mohammad '24



Lucinda Cahill is a graduate of the "3+2" engineering program at SHU and worked as a research assistant alongside Dr. Frank Robinson, principal investigator, on a prestigious National Science Foundation grant to advance climate science. She graduated with a BS in mathematics from SHU and a BS in mechanical engineering (Summa Cum Laude) from Columbia University. Lucinda is from Australia and was recruited to SHU to play field hockey. She is looking forward to a career in spacecraft propulsion.



I was uncertain what to expect when I arrived at SHU, but I was pleased by the small class sizes and collaboration of faculty and students in various projects. My work with Dr. Robinson generated many opportunities beyond SHU, including an internship at Rivian, where I worked as a field reliability engineer, blending my experience in data science and mechanical engineering."

- Lucinda Cahill '22



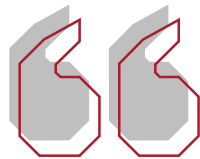
**WITH GRATITUDE,
FROM THE COLLEGE OF
HEALTH PROFESSIONS
AND THE DAVIS &
HENLEY COLLEGE
OF NURSING**

Cindi Bigelow, President and CEO of Bigelow Tea, established a scholarship in 2020 to honor the legacy of her sister, Lori S. Bigelow. Lori was captain of her gymnastics team at Keene State College.

The Lori S. Bigelow Scholarship is awarded to a female graduate student enrolled full-time in the MS in Exercise & Sport Science program in the College of Health



Professions. **Katelyn White** was selected as the recipient of the Bigelow scholarship in May 2022 and is excited to influence the health and well-being of athletes and advance her knowledge and skills in preparation for a career doing the work she loves.



Receiving the Lori S. Bigelow Scholarship has changed my life. This scholarship provides generous financial support and allows me to help student athletes as a Strength and Conditioning Graduate Assistant at SHU."

– Katelyn White '21



Lupo Family Endows Nursing Scholarships

A couple with strong ties to Sacred Heart University has endowed two scholarships for nursing students. Current Sacred Heart parents Scott Lupo, assistant supervisor and public safety officer at SHU, and his wife, Kristin Lupo, a graduate student in SHU's Dr. Susan L. Davis, R.N., & Richard J. Henley College of Nursing (DHCON), endowed two scholarships: the Scott & Kristin Lupo Nursing Scholarship for full-time undergraduate nursing students and the Kristin & Scott Lupo Nursing Scholarship, with preference to those enrolled in St. Vincent's College. This year's recipients were Andrew Asselt and Joshua Teixeira, respectively. After receiving an inheritance from Scott Lupo's mother, the pair decided to give back to the University in appreciation for Scott's career, Kristin's nursing education and in recognition of the nurses who took care of Scott Lupo's mother while she was ill.



I wanted to make sure recipients not only meet the financial need requirement, but also have a true love of nursing. I feel like I can relate to those students, since I'm still in school myself, trying to balance work, school, life and my kids."

– Kristin Lupo '15



**THE
IMPACT
OF YOUR
PHILANTHROPY**



Last year, Sacred Heart received just over \$12 million in philanthropic contributions



In 2021-22, nearly \$2 million was raised for athletics in support of all 33 Division I teams and facilities upgrades



With donor support of campus initiatives such as the Turkey Drive, SHU students completed more than 115,000 hours of community engagement



More than \$58 million in financial aid was awarded in 2021-22



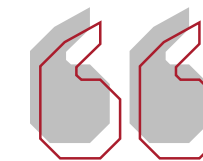
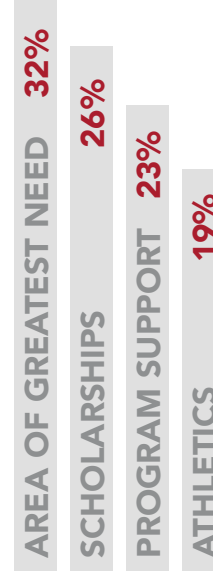
20 new buildings have been constructed in the last 7 years, improving upon the overall student campus experience

**ANNUAL FUND BY
THE NUMBERS**

\$28,079,289

2019-2022

WHERE SHU DONORS GIVE
(3-YEAR AVERAGE):



Sacred Heart welcomed me as a student and provided the encouragement and support to become the best version of myself. As a son of an immigrant and two very hard-working parents, I was always told growing up that 'no one can take your education from you.' I have carried that with me throughout my life and understand the value of hard work, strong values and determination. Receiving a scholarship made my education possible and allowed me to take advantage of other opportunities at SHU, such as the Study Abroad Program. It made me recognize how the generosity of one person can have an impact on the success of another. So, to pay it forward, I established an annual scholarship in the Jack Welch College of Business & Technology to support a student following a path similar to mine."

– Dan Santini '17



PAYIN

1,742

OUR DONORS HAVE HEART

GIVING DAY 2022

In just 24 hours, a record breaking **1,742 donors** raised over **\$821,000!** Contributions came from more than 36 states and five countries around the globe. Wondering who all these donors are? They are alumni, faculty, staff, parents, students and friends of SHU—and **863 were first-time donors** to the University!

All six colleges, all 33 NCAA DI teams and all affiliate partners—SHU Community Theatre, SHU Discovery Museum & Planetarium, Horizons at SHU and WSHU Radio—received contributions.



SOMETHING WONDERFUL IS BREWING AT SHU!

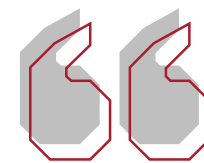
Sacred Heart University's 11-month Brewing Science Certificate program, launched in 2020, offers multiple scholarships to diversify the brewing industry!



WE LOVE THESE GAME-CHANGERS!

ATHLETICS BY THE NUMBERS

5 TEAM CHAMPIONSHIPS	80 ALL-CONFERENCE SELECTIONS	4 NSCA ALL AMERICANS	5 PLAYERS OF THE YEAR	4 COACHES OF THE YEAR
1 NATIONAL CHAMPIONSHIP	6 ALL-REGION	12 ALL-AMERICANS	1 NEC MOST IMPROVED PLAYER	2 COSIDA ACADEMIC ALL-DISTRICT
			3 NEC ROOKIES OF THE YEAR	2 NEC SCHOLAR ATHLETES OF THE YEAR *2021-2022



I would like to see more women and people of color in the brewing industry and plan to focus my brewery on the LGBTQ community in the Hamden/New Haven area."

– Megan Paul
Inaugural CT Pink Boots Society Scholarship Recipient

Sacred Heart University has partnered with Back East Brewing Company and the Connecticut state chapter of the Pink Boots Society to develop a new full scholarship for women who want to enter the brewing industry. One such recipient is Megan Paul, an eighth grade teacher with a passion for craft beers and the local craft beer scene. Opening a brewery of her own has been a lifelong dream.

Additionally, Sacred Heart University, in partnership with Athletic Brewing Company of Stratford and New England Brewing Company (NEBCO) of Woodbridge, recently awarded beer entrepreneur scholarships to SHU's Brewing Science Certificate program. Each scholarship provides one Black student with full tuition for SHU's one-year, 22-credit, brewing science program.

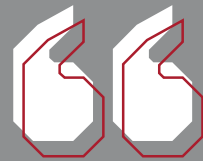


**WITH GRATITUDE,
FROM THE FARRINGTON
COLLEGE OF EDUCATION
& HUMAN DEVELOPMENT**



Ross Beck, a recipient of the Lucy Medaglia Scholarship, is a junior majoring in Interdisciplinary Studies. He is involved in the Education Club, the Club Hockey team and is a referee in the USA Hockey Officiating Program.

“My professional goal is to become a third-grade teacher,” said Beck. “The Education Club at SHU helped solidify my love for teaching. We often go into schools in Bridgeport for hands-on experience, and the kids love when we help them learn. We also volunteer at the SHU Discovery Science Center, and I’m grateful to work alongside kind people to improve the community.”



I love that SHU is a big school, but it still has that tight-knit community feel. There are a lot of caring people at the University, and someone is always there to help you. My family didn’t have a great year financially and this scholarship is extremely helpful to my college experience.”

– Ross Beck '24



**ISABELLE FARRINGTON’S
ESTATE ESTABLISHES THE FIRST
ENDOWED CHAIR AT SHU**

Sacred Heart received a gift from the estate of Isabelle Farrington, a longtime friend and trustee of the University. Her generosity is reflected within SHU’s Farrington College of Education & Human Development, which established the Isabelle Farrington Endowed Chair of Social, Emotional & Academic Leadership, the first endowed chair in Sacred Heart’s 60-year history.

“Mrs. Farrington’s love for Sacred Heart was undeniable,” said Paul J. Sutera, senior vice president of University advancement for Sacred Heart. “She believed in education; she believed in scholarship; and she believed in Sacred Heart. All of these wove together to create this transformational legacy gift that will change the trajectory of this institution in the most positive way. An endowed chair talks about academic excellence and national prominence.”



SHU IS AT THE HEART OF OUR COMMUNITY



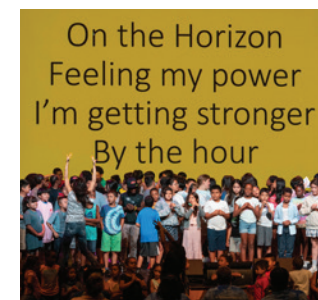
Sacred Heart University’s Discovery Science Center & Planetarium

In 2021, Sacred Heart assumed management of the newly-renovated Discovery Science Center & Planetarium in Bridgeport. Each year, over 65,000 people take part in the center’s programming, which provides educational experiences in science, technology, engineering, art and math (STEAM) to young learners.



Sacred Heart University Community Theatre

Located in the heart of downtown Fairfield, the Sacred Heart University Community Theatre pairs entertainment and education in a fully reimagined historic 400-seat venue. The theatre is a cornerstone of cultural enrichment for audiences of all ages and backgrounds and complements an already strong arts program at the University.



Horizons at Sacred Heart University

Horizons at SHU is a tuition-free chapter of Horizons National, a nonprofit academic enrichment program promoting equity in education. It was established in 2011 and has served hundreds of children from Bridgeport. Students begin the program in kindergarten and continue every year until they graduate in eighth grade.

OUR STUDENTS HAVE HEART



SHU Shares Addresses Food Insecurity Needs Within our Sacred Heart University Community

Established in 2021, the SHU Shares program works to address long-term needs through a community-based approach in collaboration with student leadership, University staff, SHU dining, alumni and donors. SHU Shares strives toward inclusivity on our campus and helps to remove the stigma associated with food insecurity.

DIVERSITY, EQUITY, INCLUSION & BELONGING INITIATIVES

SHU Enhances its Commitment to Inclusivity

The SHU Office for Inclusive Excellence (OIE) functions to foster and sustain a SHU community that is diverse, equitable and inclusive for all. Our DEIB efforts seek to promote learning, living and work experiences that are free of discrimination and harassment and to create a sense of belonging.



Inclusive Excellence is aspirational and is the pillar that guides the mission, vision and function of this unit.”

– Maurice Nelson
Chief Diversity & Inclusion Officer



THE IMPACT OF LEGACY SUPPORT

ALUMNA'S FAMILY TO GIVE BEQUEST FOR SOCIAL WORK SCHOLARSHIP



The family of alumna Nancy Egede-Nissen '82 is establishing an endowed scholarship for students in Connecticut studying social work who demonstrate financial need. It is their way to honor and memorialize Nancy, who passed away in 2016. Throughout her life, Nancy credited Sacred Heart University for giving her opportunities that led to her successful and fulfilling career.

At SHU, Nancy excelled in the social work program and became an advanced clinical practitioner. She worked for former U.S. Senator Christopher Dodd as a case manager, for Family & Children's Agency and for Connecticut Hospice before going into private practice.

"All of the good work Nancy was able to accomplish started with SHU," her husband Lars Egede-Nissen said. "They gave her the keys to launch. This bequest is to say thank you. Nancy was always a person who said, 'thank you.'"

THE ECONOMIC IMPACT OF SACRED HEART UNIVERSITY



Sacred Heart UNIVERSITY

Economic Impact \$1,633,274,615

The total economic impact of a university can be measured in terms of the direct and induced economic impact of a university's activity on the local economy.

TOTAL DIRECT SPENDING
\$ 975,905,004

Direct spending is defined as the amount of money spent directly by the university, university employees, students, and visitors.

INDUCED SPENDING
\$ 657,369,611

The induced economic impact is the additional employment and expenditures of local industries that result because of direct spending.



Direct Spending by Employees
\$ 92,955,211



Direct Spending by Students
\$ 96,620,659



Direct Spending by Visitors
\$ 973,695



University Purchases
\$ 78,844,131



Investment Spending
\$ 8,430,000



Sacred Heart University brings opportunity to the region
11,866
JOBS CREATED



Connecticut is home to
28,752
ALUMNI

Prepared by: The Connecticut Conference of Independent Colleges
Source: Connecticut Independent College and University Institute for Research and Public Service, Inc., Economic Impact Study, 2021
The previous version of this report used the value of capital assets as a measure of investment spending. The current report uses actual investment spending data obtained from member institutions. Due to the change in methodology, it is not advisable to compare the results of the present report to prior year economic impact reports.



THE IMPACT OF GREAT LEADERSHIP



It is crucially important for the Board of Trustees of Sacred Heart University to lead by example," said Bill Mitchell, long time Board member. "Trustees are the stewards of this great University, and, as such, we hold the fiduciary responsibility for its success. I established the Sacred Heart Collegiate Recovery Program in 2019 in alignment with SHU's mission, to benefit our students in recovery from substance use disorders so they can be the best version of themselves and live to their best academic potential. I am honored to provide this support and I look forward to seeing the collective impact of the Board of Trustees' philanthropy in 2023."



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