

B.S. Psychology (Fall 2022)

Minimum 120 credits required for Bachelor's degree Foundational Core (30-32 Credits) Grade

| | | |
|---------------------------------------|-------------------------------|--|
| | | |
| FYWS 125 ¹ | First Year Seminar | |
| CTL 125 | Critical Thinking | |
| MA _____ | Foundational Core Math course | |
| Choose 1 course from each area * | | |
| ² Natural/Physical Science | | |
| Literature | | |
| History | HI-100 or HI-102 | |
| Arts/Design/Comm. | | |
| Philosophy | | |
| Theology/Relig | | |
| Social/Behavioral Science | | |

Human Journey Seminars: Great Books in CIT (6 Credits)

| | | |
|---------|----------------|--|
| CIT 201 | CIT Seminar I | |
| | | |
| CIT 202 | CIT Seminar II | |

Liberal Arts Explorations (9 Credits Total)

**Student must complete one course in each area.
(see list on Registrar's Website - checksheets)**

| | | |
|---|--|--|
| Humanistic Inquiry (3 credits) | | |
| | | |
| | | |
| Social and Global Awareness (3 credits) | | |
| | | |
| | | |
| Scientific Literacy (3 credits) | | |
| | | |
| | | |

* See list of courses.

¹(Requires Grade C or higher)

²Science/Natural Science courses includes

approved Math and Computer Science courses. Students are required to take at least one course in Biology, Chemistry, or Physics in the Foundational or Liberal Arts Exploration Core.

CS and MA courses may be used as a Science/Natural Science in either the Foundational Core or as a requirement in the LAE Core but not in both categories.

Note: MA 006 and ESL courses **will not** count towards the 120 credit graduation requirement.

Approved Study Abroad courses may be used to satisfy requirements for the foundational core or a Liberal Arts Exploration

A maximum of 8 Applied Music credits may be applied towards graduation

Required Curriculum for Degree in Major 38 credits) Grade

| | Psychology Core Courses (14 credits) | |
|---------------|--|----|
| PS 110 | Introduction to Psychology | C |
| PS 201 | Research & Design Analysis I | C+ |
| PS 302 | Research & Design Analysis II (4 cr.) | C+ |
| PS380/396/397 | Advanced Psych Research or Internship or Research Assistantship (4cr) | |
| | | |
| | Psychology Perspectives Courses (15 credits) | |
| | 1 course required in each of the following 5 areas of study | |
| | | |
| | Behavioral Health (1 course required) | |
| PS 287 | Intro to Counseling | |
| PS 280 | Prevention and Health Promotion | |
| PS 212 | Psychopathology | |
| PS 295 | Health Psychology | |
| | | |
| | Individual & Society (1 course required) | |
| PS 215 | Social Psychology | |
| PS 241 | Psychology of Personality | |
| PS 355 | Industrial and Organizational Psychology | |
| | | |
| | Biological Bases (1 course required) | |
| PS 351 | Behavioral Neuroscience | |
| PS 350 | Essentials of Neuroscience | |
| PS 358 | Human Neuroscience | |
| | | |
| | Human Development (1 course required) | |
| PS 252 | Child Development | |
| PS 273 | Adolescent Development | |
| PS 274 | Adult Development | |
| | | |
| | Cognitive Processes (1 course required) | |
| PS 335 | Human and Animal Learning | |
| PS 305 | Cognition in Children and Animals | |
| PS 344 | Cognitive Psychology | |
| | | |
| | Additional Psychology Courses (9 credits). One of the 3 courses must be at the 300-level. | |
| PS _____ | | |
| PS _____ | | |
| PS 3 _____ | | |
| | | |

Required Supporting Courses

| | Grade |
|--------|---|
| MA 131 | C |
| | This course is required in addition to the |
| | college-level Math course in the Foundational |
| | Core, which is any MA 100 level or higher |
| | * see core courses where applicable |

General Electives (number of credits vary)

| | Grade |
|--|-------|
| | |
| | |
| | |
| | |
| | |
| | |

Checksheet Key

T Course transferred and Requirement satisfied
W Requirement waived
TW Course transferred and Requirement waived

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology (Fall 2022 & Later)

Description of major or career/graduate school opportunities (Optional)

The psychology program provides the student with a basic foundation in the scientific study of behavior. This background is of value to students who enter the employment market immediately on completion of the baccalaureate degree or who further their education through graduate study in psychology or a related field.

The psychology major requires the completion of 38 credits of psychology courses. The remaining credits required for graduation are within the liberal arts core curriculum and general electives.

The National Psychology Honor Society, Psi Chi, has a chapter at Sacred Heart University. The department also offers a Psychology Club for interested students. The club supplements the classroom experience with extracurricular activities, including career advisement workshops.

Professional careers in psychology and related fields require post baccalaureate education at the master's or doctoral level. The Bachelor Science degree in Psychology is also excellent preparation for careers that require dealing with people (management, sales, marketing, personnel, etc.). Many psychology majors also work towards becoming a certified teacher at the elementary or secondary level. Other post baccalaureate career options include: alcohol/drug counselor, speech & language pathologist, college professor, gerontologist, probation officer, child life specialist, physical therapist, occupational therapist, school counselor, and social worker.

SUGGESTED FOUR YEAR SEQUENCE OF STUDY:

| YEAR 1 | SEMESTER 1 | YEAR 1 | SEMESTER 2 |
|------------------------|--|------------------------|--|
| FYWS 125 or CLT 125 | First Year Seminar or Critical Thinking | FYWS 125 or CLT 125 | First Year Seminar or Critical Thinking |
| PS 110 or XX | Introduction to Psychology or Foundational Core | PS 110 or XX | Introduction to Psychology or Foundational Core |
| MA 1__ | MA 101 or MA 105 or MA 106 or other Math | MA 131 | Elementary Statistics |
| XX | Foundational Core | XX | Foundational Core |
| XX | Foundational Core | XX | Foundational Core |
| YEAR 2 | SEMESTER 3 | YEAR 2 | SEMESTER 4 |
| CIT 201 | Catholic Intellectual Tradition | CIT 202 | Catholic Intellectual Tradition |
| LAE | Liberal Arts Exploration Course I | LAE | Liberal Arts Exploration Course II |
| PS ____ | Psychology Perspectives Course | PS 201 | Research Design & Analysis I |
| XX | Foundational Core | PS ____ | Psychology Perspectives Course |
| XX | Foundational Core | XX | General Elective |
| YEAR 3 | SEMESTER 5 | YEAR 3 | SEMESTER 6 |
| LAE | Liberal Arts Exploration Course III | PS ____ | Psychology Perspectives Course |
| PS ____ | Psychology Perspectives Course | PS ____ | Additional Psychology Course |
| PS 302 | Research Design & Analysis II | XX | General Elective |
| XX | General Elective | XX | General Elective |
| XX | General Elective | XX | General Elective |
| YEAR 4 | SEMESTER 7 | YEAR 4 | SEMESTER 8 |
| PS ____ | Psychology Perspectives Course | PS ____ | Additional Psychology Course |
| PS 396/380/397 | Internship/Adv Psych Research/Res Assistant | PS 3 ____ | Additional Psychology Course (300-level) |
| XX | General Elective | XX | General Elective |
| XX | General Elective | XX | General Elective |
| XX | General Elective | XX | General Elective |

SACRED HEART UNIVERSITY

3 + 2 YEAR SEQUENCING FOR PRE-MPH (Fall 2019)

SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

| | | |
|---|--|--|
| <div><div>YEAR 1 - Fall Session</div><div><div>FYWS 125 or First Year Seminar3 CR</div><div>CTL 125The Art of Thinking</div><div>PS 110Introduction to Psychology**3CR</div><div>BI 111,113General Biology I w/Lab**4 CR</div><div>MA 140Precalculus**3 CR</div><div>CoreFoundational Core3 CR</div><div>Total Credits: 16</div></div></div> | <div><div>YEAR 1 - Winter Session</div><div><div>Liberal Arts Exploration3 CR</div><div>Total Credit Hours: 3</div></div></div> | <div><div>YEAR 1 - Spring Session</div><div><div>FYWS 125 or First Year Seminar or3 CR</div><div>CTL 125The Art of Thinking</div><div>PS XXXPsychology Perspectives3 CR</div><div>MA131 or MA 132Statistics or Biostats**3 CR</div><div>CoreFoundational Core3 CR</div><div>CoreFoundational Core3 CR</div><div>PS XXXAdditional Psychology Course3 CR</div><div>Total Credits: 18</div></div></div> |
| <div><div>YEAR I - Summer Session I</div><div><div>Liberal Arts Exploration</div><div>Total Credit Hours: 3</div></div></div> | | |
| <div><div>YEAR 2 - Fall Session</div><div><div>CoreFoundational Core3 CR</div><div>CoreFoundational Core3 CR</div><div>CIT 201Human Journey CIT I3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>PS 201Research & Design Analysis I3 CR</div><div>PS XXXPsychology Perspectives3 CR</div><div>Total Credits: 18</div></div></div> | <div><div>YEAR 2 - Winter Session</div><div><div>Liberal Arts Exploration3 CR</div><div>Total Credit Hours : 3</div></div></div> | <div><div>YEAR 2 - Spring Session</div><div><div>PS XXXPsychology Perspectives3 CR</div><div>PS 302Research & Design Analysis II4 CR</div><div>CoreFoundational Core3 CR</div><div>CIT 202Human Journey CIT II3 CR</div><div>PS XXXAdditional Psychology Course3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Total Credits: 19</div></div></div> |
| <div><div>YEAR 2 - Summer Session I</div><div><div>Free Elective</div><div>Total Credit Hours: 3</div></div></div> | | |
| <div><div>YEAR 3 - Fall Semester</div><div><div>Free ElectiveFree Elective3 CR</div><div>PS XXXPsychology Perspectives3 CR</div><div>PS 380/396/397Internship or Adv Resrch or Resrch /4CR</div><div>Free ElectiveFree Elective3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Total Credits: 19</div></div></div> | <div><div>YEAR 3 - Winter Session</div><div><div>Free Elective3 CR</div><div>Total Credit Hours : 3</div></div></div> | <div><div>YEAR 3 - Spring Semester</div><div><div>PS XXXPsychology Perspectives3 CR</div><div>PS 3XXAdditional Psychology Course (300-level)3CR</div><div>Free ElectiveFree Elective3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Free ElectiveFree Elective3 CR</div><div>Total Credits: 18</div></div></div> |

Total Credits: 123

**Course is a pre-requisite for MPH Graduate Program

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology 3 + 2 SEQUENCE FOR PRE-OT

SUGGESTED THREE YEAR COURSE OF STUDY

| YEAR 1 | SEMESTER I | YEAR 1 | SEMESTER 2 |
|---------------------|--|---------------------|--|
| FYWS 125 or CTL 125 | First Year Seminar or Critical Thinking | FYWS 125 or CTL 125 | First Year Seminar or Critical Thinking |
| PS 110 or XX | Introduction to Psychology or Foundational Core | PS110 or XX | Introduction to Psychology or Foundational Core |
| MA ____ | MA 101 or MA 105 or MA 106 or other Math | MA131 | Elementary Statistics** |
| XX | Foundational Core | BI111/113 | General Biology I w/Lab** |
| XX | Foundational Core | XX | Foundational Core |
| Winter 1 | PS____ Psychology Perspectives | Summer 1 | PS____ Psychology Perspectives |
| | | Summer 2 | XX____ General Elective |
| Year 1 Credits 40 | | | |
| YEAR 2 | SEMESTER 3 | YEAR 2 | SEMESTER 4 |
| CIT 201 | Catholic Intellectual Tradition | CIT 202 | Catholic Intellectual Tradition |
| LAE | Liberal Arts Exploration Course I (AN or SO)** | LAE | Liberal Arts Exploration Course II |
| PS 201 | Research Design & Analysis I | PS 212 | Psychopathology (a Perspectives course)** |
| BI 206/208 | Human Anatomy & Physiology I w/Lab** | BI 207/209 | Human Anatomy & Physiology II w/Lab** |
| XX | Foundational Core | PS 302 | Research Design & Analysis II |
| Winter 2 | PS____ Additional Psychology Course | Summer 1 | PS____ Psychology Perspectives |
| | | Summer 2 | XX____ General Elective |
| Year 2 Credits 42 | | | |
| YEAR 3 | SEMESTER 5 | YEAR 3 | SEMESTER 6 |
| LAE | Liberal Arts Exploration Course III | PS ____ | Psychology Perspectives Course |
| PS ____ | Additional Psychology Course | PS 3____ | Additional Psychology Course. (300-level) |
| | Internship or Advanced Psych Resrch or Resrch | | |
| PS396/380/397 | Assistantship | HS 310 | Lifespan Development** |
| XX | Foundational Core | XX | Foundational Core |
| XX | General Elective | XX | General Elective |
| Winter 3 | General Elective | Summer 1 | SO or AN____ Elective |
| | | Summer 2 | XX____ General Elective |
| Year 3 Credits 40 | | | |

**Pre-requisite for OT graduate program

Total Credits 122

effective Fall 2019

Sacred Heart University – 3 X 3 Physical Therapy Program
Psychology Major
FOR PSYCHOLOGY MAJORS ENTERING SHU FALL 2019 OR LATER

| YEAR 1 | | | |
|---|---------------------------|---|---|
| FALL (16 credits) | Winter (3 credits) | SPRING (16 credits) | * SUMMER (8 credits) |
| PS 110** Bio 111/113** MA 140** FYS 125 or CTL 125 Foundational Core (#1) | Liberal Arts Exploration | MA 131** Bio 112/114** Foundational Core (#2) FYS 125 or CTL 125 Foundational Core (#3) | BI 206/208 (A&P I)** BI 207/209 (A&P II)** |

| YEAR 2 | | | |
|--|------------------------------|--|--|
| FALL (16 credits) | Winter (3 credits) | SPRING (17 credits) | * SUMMER (8 credits) |
| PS 201 CIT 201 PSXX Psych Perspectives CH 151/153 or PY 111/113** Foundational Core #4 | PSXX Additional Psych Course | PS 302 PSXX Psych Perspectives Liberal Arts Exploration CIT 202 CH 152/154 or PY 112/114** | CH 151/153 or PY 111/113** CH 152/154 or PY 112/114** |

| YEAR 3 | | |
|---|---------------------------|---|
| FALL (16 credits) | Winter (3 credits) | SPRING (15 credits) |
| PS396 or PS380 or PS397 PSXX Psych Perspectives PSXX Additional Psych Course Free Elective Foundational Core (#5) | Free Elective | PSXX Psych Perspectives Liberal Arts Exploration PSXX Psych Perspectives PS3XX Additional Psych Course Foundational Core (#6) |

TOTAL CREDITS = 121

* Summer classes may be taken at a regionally accredited institution with pre-approval from advisor and academic department. If the coursework is beyond 60 credits completed then must be at a 4-year institution.

**Course is pre-requisite for PT graduate program.

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology 3 + 1 SEQUENCE FOR PRE-MSIOP

SUGGESTED THREE YEAR COURSE OF STUDY

| YEAR 1 | SEMESTER I | YEAR 1 | SEMESTER 2 |
|------------------------|--|------------------------|---|
| FYWS 125 or CTL 125 | First Year Seminar or Critical Thinking | FYWS 125 or CTL 125 | First Year Seminar or Critical Thinking |
| PS 110 | Introduction to Psychology | XX | Foundational Core |
| MA ____ | MA 101 or MA 105 or MA 106 or other Math | MA131 | Elementary Statistics |
| XX | Foundational Core | PS XX | Psychology Perspectives |
| XX | Foundational Core | XX | Foundational Core |
| Winter 1 | Additional Psychology Course | Summer 1 | General Elective |
| | | Summer 2 | General Elective |
| Year 1 Credits 39 | | | |

| YEAR 2 | SEMESTER 3 | YEAR 2 | SEMESTER 4 |
|-------------------|-----------------------------------|-----------------|------------------------------------|
| CIT 201 | Catholic Intellectual Tradition | CIT 202 | Catholic Intellectual Tradition |
| LAE | Liberal Arts Exploration Course I | LAE | Liberal Arts Exploration Course II |
| PS 201 | Research Design & Analysis I | PS XX | Psychology Perspectives |
| PS XX | Psychology Perspectives | XX | General Elective |
| XX | Foundational Core | PS 302 | Research Design & Analysis II |
| Winter 2 | General Elective | Summer 1 | Psychology Perspectives |
| | | Summer 2 | General Elective |
| Year 2 Credits 40 | | | |

| YEAR 3 | SEMESTER 5 | YEAR 3 | SEMESTER 6 |
|-------------------|---|-----------------|--|
| LAE | Liberal Arts Exploration Course III | PS ____ | Psychology Perspectives Course |
| PS ____ | Additional Psychology Course Internship or Advanced Psych Resrch or Resrch | PS 3 ____ | Additional Psychology Course (300-level) |
| PS396/380/ 397 | Assistantship | XX | General Elective |
| XX | Foundational Core | XX | General Elective |
| XX | General Elective | XX | General Elective |
| | | XX | General Elective (at least 1 credit) |
| Winter 3 | General Elective | Summer 1 | General Elective |
| | | Summer 2 | XX__ General Elective |
| Year 3 Credits 41 | | | |

Total Credits 120

effective Fall 2019