

B.S. Psychology (Fall 2019)

Minimum 120 credits required for Bachelor's degree

Foundational Core (30-32 Credits) Grade

FYWS 125 ¹	First Year Seminar	
CTL 125	Critical Thinking	
MA _____	Foundational Core Math course	
Choose 1 course from each area *		
² Natural/Physical Science		
Literature		
History	HI-100 or HI-102	
Arts/Design/Comm.		
Philosophy		
Theology/Relig		
Social/Behavioral Science		

Human Journey Seminars: Great Books in CIT (6 Credits)

CIT 201	CIT Seminar I	
CIT 202	CIT Seminar II	

Liberal Arts Explorations (9 Credits Total)

**Student must complete one course in each area.
(see list on Registrar's Website - checksheets)**

Humanistic Inquiry (3 credits)		
Social and Global Awareness (3 credits)		
Scientific Literacy (3 credits)		

* See list of courses.

¹(Requires Grade C or higher)

²Science/Natural Science courses includes

approved Math and Computer Science courses. Students are required to take at least one course in Biology, Chemistry, or Physics in the Foundational or Liberal Arts Exploration Core.

CS and MA courses may be used as a Science/Natural Science in either the Foundational Core **or** as a requirement in the LAE Core but not in both categories.

Note: MA 006 and ESL courses **will not** count towards the 120 credit graduation requirement.

Approved Study Abroad courses may be used to satisfy requirements for the foundational core or a Liberal Arts Exploration

A maximum of 8 Applied Music credits may be applied towards graduation

Required Curriculum for Degree in Major

38 credits)

Grade

Psychology Core Courses (14 credits)		
PS 110	Introduction to Psychology	C
PS 201	Research & Design Analysis I	C+
PS 302	Research & Design Analysis II (4 cr.)	C+
PS380/396/397	Advanced Psych Research or Internship or Research Assistantship (4cr)	
Psychology Perspectives Courses (15 credits)		
1 course required in each of the following 5 areas of study		
Behavioral Health (1 course required)		
PS 287	Intro to Counseling	
PS 280	Prevention and Health Promotion	
PS 212	Psychopathology	
PS 295	Health Psychology	
Individual & Society (1 course required)		
PS 215	Social Psychology	
PS 241	Psychology of Personality	
PS 355	Industrial and Organizational Psychology	
Biological Bases (1 course required)		
PS 351	Brain and Behavior	
PS 350	Essentials of Neuroscience	
PS 358	Human Neuroscience	
Human Development (1 course required)		
PS 252	Child Development	
PS 273	Adolescent Development	
PS 274	Adult Development	
Cognitive Processes (1 course required)		
PS 335	Human and Animal Learning	
PS 305	Cognition in Children and Animals	
PS 344	Cognitive Psychology	
Additional Psychology Courses (9 credits) (choose any 3 courses)		
PS		
PS		
PS		

Required Supporting Courses

Grade

MA 131	Elementary Statistics	C
This course is required in addition to the college-level Math course in the Foundational Core, which is any MA 100 level or higher		
* see core courses where applicable		

General Electives (number of credits vary)

Grade

Checksheet Key

T Course transferred and Requirement satisfied
W Requirement waived
TW Course transferred and Requirement waived

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology (Fall 2019 & Later)

Description of major or career/graduate school opportunities (Optional)

The psychology program provides the student with a basic foundation in the scientific study of behavior. This background is of value to students who enter the employment market immediately on completion of the baccalaureate degree or who further their education through graduate study in psychology or a related field.

The psychology major requires the completion of 37 credits of psychology courses. The remaining credits required for graduation are within the liberal arts core curriculum and general electives.

The National Psychology Honor Society, Psi Chi, has a chapter at Sacred Heart University. The department also offers a Psychology Club for interested students. The club supplements the classroom experience with extracurricular activities, including career advisement workshops.

Professional careers in psychology and related fields require post baccalaureate education at the master's or doctoral level. The Bachelor Science degree in Psychology is also excellent preparation for careers that require dealing with people (management, sales, marketing, personnel, etc.). Many psychology majors also work towards becoming a certified teacher at the elementary or secondary level. Other post baccalaureate career options include: alcohol/drug counselor, speech & language pathologist, college professor, gerontologist, probation officer, child life specialist, physical therapist, occupational therapist, school counselor, and social worker.

SUGGESTED FOUR YEAR SEQUENCE OF STUDY:

YEAR 1	SEMESTER 1	YEAR 1	SEMESTER 2
FYWS 125 or CLT 125	First Year Seminar or Critical Thinking	FYWS 125 or CLT 125	First Year Seminar or Critical Thinking
PS 110 or XX	Introduction to Psychology or Foundational Core	PS110 or XX	Introduction to Psychology or Foundational Core
MA 1__	MA 101 or MA 105 or MA 106 or other Math	MA 131	Elementary Statistics
XX	Foundational Core	XX	Foundational Core
XX	Foundational Core	XX	Foundational Core

YEAR 2	SEMESTER 3	YEAR 2	SEMESTER 4
CIT 201	Catholic Intellectual Tradition	CIT 202	Catholic Intellectual Tradition
LAE	Liberal Arts Exploration Course I	LAE	Liberal Arts Exploration Course II
PS ____	Psychology Perspectives Course	PS 201	Research Design & Analysis I
XX	Foundational Core	PS ____	Psychology Perspectives Course
XX	Foundational Core	XX	General Elective

YEAR 3	SEMESTER 5	YEAR 3	SEMESTER 6
LAE	Liberal Arts Exploration Course III	PS ____	Psychology Perspectives Course
PS ____	Psychology Perspectives Course	PS ____	Additional Psychology Course
PS 302	Research Design & Analysis II	XX	General Elective
XX	General Elective	XX	General Elective
XX	General Elective	XX	General Elective

YEAR 4	SEMESTER 7	YEAR 4	SEMESTER 8
PS ____	Psychology Perspectives Course	PS ____	Additional Psychology Course
PS396/380/397	Internship/Adv Psych Research/Res Assistant	PS ____	Additional Psychology Course
XX	General Elective	XX	General Elective
XX	General Elective	XX	General Elective
XX	General Elective	XX	General Elective

SACRED HEART UNIVERSITY

3 + 2 YEAR SEQUENCING FOR PRE-MPH (Fall 2019)

SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session			
FYWS 125 or	First Year Seminar	3 CR	
CTL 125	The Art of Thinking		
PS 110	Introduction to Psychology**	3CR	
BI 111,113	General Biology I w/Lab**	4 CR	
MA 140	Precalculus**	3 CR	
Core	Foundational Core	3 CR	
		Total Credits: 16	

YEAR 1 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours: 3	

YEAR 1 - Spring Session			
FYWS 125 or	First Year Seminar or	3 CR	
CTL 125	The Art of Thinking		
PS XXX	Psychology Perspectives	3 CR	
MA131 or			
MA 132	Statistics or Biostats**	3 CR	
Core	Foundational Core	3 CR	
Core	Foundational Core	3 CR	
PS XXX	Additional Psychology Course	3 CR	
		Total Credits: 18	

YEAR 1 - Summer Session I	
Liberal Arts Exploration	
Total Credit Hours: 3	

YEAR 2 - Fall Session			
Core	Foundational Core	3 CR	
Core	Foundational Core	3 CR	
CIT 201	Human Journey CIT I	3 CR	
Free Elective	Free Elective	3 CR	
PS 201	Research & Design Analysis I	3 CR	
PS XXX	Psychology Perspectives	3 CR	
		Total Credits: 18	

YEAR 2 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours : 3	

YEAR 2 - Spring Session			
PS XXX	Psychology Perspectives	3 CR	
PS 302	Research & Design Analysis II	4 CR	
Core	Foundational Core	3 CR	
CIT 202	Human Journey CIT II	3 CR	
PS XXX	Additional Psychology Course	3 CR	
Free Elective	Free Elective	3 CR	
		Total Credits: 19	

YEAR 2 - Summer Session I	
Free Elective	
Total Credit Hours: 3	

YEAR 3 - Fall Semester			
Free Elective	Free Elective	3 CR	
PS XXX	Psychology Perspectives	3 CR	
PS 380/396/397	Internship or Adv Resrch or Resrch /	4CR	
Free Elective	Free Elective	3 CR	
Free Elective	Free Elective	3 CR	
Free Elective	Free Elective	3 CR	
		Total Credits: 19	

YEAR 3 - Winter Session	
Free Elective	3 CR
Total Credit Hours : 3	

YEAR 3 - Spring Semester			
PS XXX	Psychology Perspectives	3 CR	
PS XXX	Additional Psychology Course	3CR	
Free Elective	Free Elective	3 CR	
Free Elective	Free Elective	3 CR	
Free Elective	Free Elective	3 CR	
Free Elective	Free Elective	3 CR	
		Total Credits: 18	

Total Credits: 123

**Course is a pre-requisite for MPH Graduate Program

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology 3 + 2 SEQUENCE FOR PRE-OT

SUGGESTED THREE YEAR COURSE OF STUDY

YEAR 1	SEMESTER I	YEAR 1	SEMESTER 2
FYWS 125 or CTL 125	First Year Seminar or Critical Thinking	FYWS 125 or CTL 125	First Year Seminar or Critical Thinking
PS 110 or XX	Introduction to Psychology or Foundational Core	PS110 or XX	Introduction to Psychology or Foundational Core
MA ____	MA 101 or MA 105 or MA 106 or other Math	MA131	Elementary Statistics**
XX	Foundational Core	BI111/113	General Biology I w/Lab**
XX	Foundational Core	XX	Foundational Core
Winter 1	PS____ Psychology Perspectives	Summer 1	PS____ Psychology Perspectives
		Summer 2	XX____ General Elective
Year 1 Credits 40			

YEAR 2	SEMESTER 3	YEAR 2	SEMESTER 4
CIT 201	Catholic Intellectual Tradition	CIT 202	Catholic Intellectual Tradition
LAE	Liberal Arts Exploration Course I (AN or SO)**	LAE	Liberal Arts Exploration Course II
PS 201	Research Design & Analysis I	PS 212	Psychopathology (a Perspectives course)**
BI 206/208	Human Anatomy & Physiology I w/Lab**	BI 207/209	Human Anatomy & Physiology II w/Lab**
XX	Foundational Core	PS 302	Research Design & Analysis II
Winter 2	PS____ Additional Psychology Course	Summer 1	PS____ Psychology Perspectives
		Summer 2	XX____ General Elective
Year 2 Credits 42			

YEAR 3	SEMESTER 5	YEAR 3	SEMESTER 6
LAE	Liberal Arts Exploration Course III	PS ____	Psychology Perspectives Course
PS ____	Additional Psychology Course	PS ____	Additional Psychology Course
	Internship or Advanced Psych Resrch or Resrch Assistantship	HS 310	Lifespan Development**
PS396/380/397	Assistantship	XX	Foundational Core
XX	Foundational Core	XX	General Elective
XX	General Elective		
Winter 3	General Elective	Summer 1	SO or AN____ Elective
		Summer 2	XX____ General Elective
Year 3 Credits 40			

**Pre-requisite for OT graduate program

Total Credits 122

effective Fall 2019

Sacred Heart University – 3 X 3 Physical Therapy Program
Psychology Major
FOR PSYCHOLOGY MAJORS ENTERING SHU FALL 2019 OR LATER

YEAR 1			
FALL (16 credits)	Winter (3 credits)	SPRING (16 credits)	* SUMMER (8 credits)
PS 110** Bio 111/113** MA 140** FYS 125 or CTL 125 Foundational Core (#1)	Liberal Arts Exploration	MA 131** Bio 112/114** Foundational Core (#2) FYS 125 or CTL 125 Foundational Core (#3)	BI 206/208 (A&P I)** BI 207/209 (A&P II)**

YEAR 2			
FALL (16 credits)	Winter (3 credits)	SPRING (17 credits)	* SUMMER (8 credits)
PS 201 CIT 201 PSXX Psych Perspectives CH 151/153 or PY 111/113** Foundational Core #4	PSXX Additional Psych Course	PS 302 PSXX Psych Perspectives Liberal Arts Exploration CIT 202 CH 152/154 or PY 112/114**	CH 151/153 or PY 111/113** CH 152/154 or PY 112/114**

YEAR 3		
FALL (16 credits)	Winter (3 credits)	SPRING (15 credits)
PS396 or PS380 or PS397 PSXX Psych Perspectives PSXX Additional Psych Course Free Elective Foundational Core (#5)	Free Elective	PSXX Psych Perspectives Liberal Arts Exploration PSXX Psych Perspectives PSXX Additional Psych Course Foundational Core (#6)

TOTAL CREDITS = 121

* Summer classes may be taken at a regionally accredited institution with pre-approval from advisor and academic department. If the coursework is beyond 60 credits completed then must be at a 4-year institution.

**Course is pre-requisite for PT graduate program.

SACRED HEART UNIVERSITY
College of Arts and Sciences

B.S. Psychology 3 + 1 SEQUENCE FOR PRE-MSIOP

SUGGESTED THREE YEAR COURSE OF STUDY

YEAR 1	SEMESTER I	YEAR 1	SEMESTER 2
FYWS 125 or CTL 125	First Year Seminar or Critical Thinking	FYWS 125 or CTL 125	First Year Seminar or Critical Thinking
PS 110	Introduction to Psychology	XX	Foundational Core
MA ____	MA 101 or MA 105 or MA 106 or other Math	MA131	Elementary Statistics
XX	Foundational Core	PS XX	Psychology Perspectives
XX	Foundational Core	XX	Foundational Core
Winter 1	Additional Psychology Course	Summer 1	General Elective
		Summer 2	General Elective

Year 1 Credits 39

YEAR 2	SEMESTER 3	YEAR 2	SEMESTER 4
CIT 201	Catholic Intellectual Tradition	CIT 202	Catholic Intellectual Tradition
LAE	Liberal Arts Exploration Course I	LAE	Liberal Arts Exploration Course II
PS 201	Research Design & Analysis I	PS XX	Psychology Perspectives
PS XX	Psychology Perspectives	XX	General Elective
XX	Foundational Core	PS 302	Research Design & Analysis II
Winter 2	General Elective	Summer 1	Psychology Perspectives
		Summer 2	General Elective

Year 2 Credits 40

YEAR 3	SEMESTER 5	YEAR 3	SEMESTER 6
LAE	Liberal Arts Exploration Course III	PS ____	Psychology Perspectives Course
PS ____	Additional Psychology Course	PS ____	Additional Psychology Course
	Internship or Advanced Psych Resrch or Resrch		
PS396/380/ 397	Assistantship	XX	General Elective
XX	Foundational Core	XX	General Elective
XX	General Elective	XX	General Elective
		XX	General Elective (at least 1 credit)
Winter 3	General Elective	Summer 1	General Elective
		Summer 2	XX__General Elective

Year 3 Credits 41

Total Credits 120

effective Fall 2019