

Bachelor of Science in Health Science (BSHS): Public Health Concentration* (FA 2022 and later)

Minimum 120 credits required for Bachelor's degree

Foundational Core (30-32 Credits)		Grade
FYWS 125 ¹	First Year Writing Seminar	
CTL 125	Critical Thinking	
MA _____	Foundational Core Math course	
Choose 1 course from each area *		
² Natural/Physical Science		
Literature		
History	HI-100 or HI-102	
Arts/Design/Comm.		
Philosophy		
Theology/Relig.		
Social/Behavioral Science		

Human Journey Seminars: Great Books in CIT (6 Credits)		Grade
CIT 201	CIT Seminar I	
CIT 202	CIT Seminar II	

Liberal Arts Explorations (LAE) (9 Credits Total)		Grade
Student must complete one course in each area. (see list on Registrar's Website - checksheets)		
Humanistic Inquiry (3 credits)		
Social and Global Awareness (3 credits)		
Scientific Literacy (3 credits)		

Required Curriculum for HS Majors ¹ (22 Credits)		Grade
HS 200	Introduction to Healthcare and Health Professions	
HS 210	Healthcare Leadership (1 cr)	
HS 204	Introduction to Research in Health Science	
HS 306	Health Management Info Systems	
HS 315	Behavioral and Mental Health	
HS 351	Legal and Ethical Aspects of Healthcare	
HS 353	Diversity and Disparities in Healthcare	
HS 355	Health Research Capstone	

Public Health Core Courses ¹ (18 Credits)		Grade
HS 303	Health Ed. and Promotion of Healthy Lifestyles	
HS 304	Community and Public Health	
HS 309	Professional Interactions in Healthcare	
HS 314	Epidemiology	
SO 234	Sociology of Health and Healthcare	
MA 131	Elementary Statistics	

Public Health Elective Courses ¹ (12 Credits)		Grade
CMD 305	Introduction to Emergency Preparedness	
HS 230 ^{1E}	Introduction to Global Health	
HS 299	Special Topics in Health Science	
HS 301	Spirituality in Healthcare	
HS 307	Alternative Healing Modalities	
HS 308	Fundamentals of Nutrition	
HS 310 ^{1E}	Human Growth and Development Across the Lifespan	
HS 320	Sustainable Health and Nutrition	
HS 336 ^{1E}	Childhood Health Inequities	
HS 342	Applied Nutrition	
EC 211	The Economics of Social Issues	
EC 320	Health Economics	
SO 254	Society and Economic Change	
SP 109	Beginning Spanish For Health Professions	
SW 220	Medical Literacy	
TRS 255	Human Rights	
HS 212 ³	Population Health and Wellness	

* See list of courses.

¹(Requires Grade C or higher)

²Science/Natural Science courses includes

approved Math and Computer Science courses. Students are required to take at least one course in Biology, Chemistry, or Physics in the Foundational or Liberal Arts Exploration Core. CS and MA courses may be used as a Science/Natural Science in either the Foundational Core or as a requirement in the LAE Core but not in both categories.

³Only offered in Dingle, Ireland

^{1E}Also offered in Dingle, Ireland

Note: MA 006 and ESL courses **will not** count towards the 120 credit graduation requirement.

Approved Study Abroad courses may be used to satisfy requirements for the foundational core or a Liberal Arts Exploration

A maximum of 8 Applied Music credits may be applied towards graduation

Required Supporting Courses ¹ (8 Credits)		Grade
BI 111/113 ²	Concepts in Biology I w/Lab	
MA 140 or MA 151	Precalculus or Calculus	

General Electives (number of credits vary)		Grade
Free Elective		
Free Elective		
Free Elective		
Free Elective		
Free Elective		
Free Elective		

NOTE: General Electives can be used for graduate pre-requisites or general educational requirements.

and
Supporting courses below a C.

Checksheet Key	
T	Course transferred and Requirement satisfied
W	Requirement waived
TW	Course transferred and Requirement waived

SACRED HEART UNIVERSITY
College of Health Professions

Bachelor of Science in Health Science (Fall 2022 & Later)

SUGGESTED SEQUENCING FOR PUBLIC HEALTH CONCENTRATION

The BSHS Public Health concentration is an undergraduate major for students who are interested in applying to a graduate health education program or career in public health. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to graduate programs or entry level position in public health.

SUGGESTED FOUR YEAR SEQUENCE OF STUDY:

YEAR 1	SEMESTER I	YEAR 1	SEMESTER 2
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking
HS 200	Intro to Healthcare and Health Professions	BI 111/113	Intro to Biology w/lab ²
MA 140 or MA 15	Precalculus or Calculus ¹	Core	Foundational Core
Core	Foundational Core	Core	Foundational Core
Core	Foundational Core	Elective	General Elective
YEAR 2	SEMESTER 3	YEAR 2	SEMESTER 4
CIT 201	Human Journey CIT I	CIT 202	Human Journey CIT II
HS Core	Health Science Core Requirement	HS 210	Healthcare Leadership
PH Core	Public Health Core Requirement	MA 131	Elementary Statistics
Core	Foundational Core	PH Core	Public Health Core Requirement
Elective	General Elective	Core	Foundational Core
		Elective	General Elective
YEAR 3	SEMESTER 5	YEAR 3	SEMESTER 6
HS Core	Health Science Core Requirement	LAE	LAE Theme 1 Course
HS Core	Health Science Core Requirement	PH Core	Public Health Core Requirement
PH Core	Public Health Core Requirement	PH Core	Public Health Core Requirement
PH Elective	Public Health Elective	PH Elective	Public Health Elective
Elective	General Elective	Elective	General Elective
YEAR 4	SEMESTER 7	YEAR 4	SEMESTER 8
LAE	LAE Theme 2 Course	LAE	LAE Theme 3 Course
HS Core	Health Science Core Requirement	HS Core	Health Science Core Requirement
PH Elective	Public Health Elective	HS Core	Health Science Core Requirement
Elective	General Elective	PH Elective	Public Health Elective
Elective	General Elective	Elective	General Elective

¹ MA 140 or MA 151 will also satisfy the Math Foundational Core

² BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

SACRED HEART UNIVERSITY

3 + 2 YEAR SEQUENCING FOR PRE-OCCUPATIONAL THERAPY/PH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Occupational Therapy program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Occupational Therapy.

SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
PS 110 ³	Introduction to Psychology**	3 CR
MA 140 or MA 151	Precalculus or Calculus ¹	4 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
Core	Foundational Core	3 CR
		Total Credits: 16

YEAR 1 - Winter Session	
Foundational Core	3 CR
Total Credit Hours: 3	

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
PS 212	Psychopathology**	3 CR
MA 131	Elementary Statistics**	3 CR
BI 111, 113	General Biology I w/Lab** ²	4 CR
Core	Foundational Core	3 CR
		Total Credits: 16

YEAR 1 - Summer Session I	
Health Science Core Requirement	3
Total Credit Hours: 3	

Year I - Summer Session II	
Foundational Core	3
Total Credit Hours: 3	

YEAR 2 - Fall Session		
BI 206, 208	Anatomy and Physiology I w/Lab**	4 CR
CIT 201	Human Journey CIT I	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 210	Healthcare Leadership	1 CR
PH Core	Public Health Core Requirement	3 CR
Elective	General Elective	3 CR
		Total Credits: 17

YEAR 2 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours: 3	

YEAR 2 - Spring Session		
BI 207, 209	Anatomy and Physiology II w/Lab**	4 CR
CIT 202	Human Journey CIT II	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 310	Human Growth and Development**	3 CR
HS 353 or SO 234	Diversity and Disparities in Healthcare**	3 CR
		Total Credits: 16

YEAR 2 - Summer Session I	
Foundational Core	3
Total Credit Hours: 3	

YEAR 2 - Summer Session II	
Health Science Core Requirement	3
Total Credit Hours: 3	

YEAR 3 - Fall Semester		
LAE	Liberal Arts Exploration	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
PH Elective	Public Health Elective	3 CR
Elective	General Elective	3 CR
		Total Credits: 18

YEAR 3 - Winter Session	
General Elective	3 CR
Total Credit Hours: 3	

YEAR 3 - Spring Semester		
LAE	Liberal Arts Exploration	3 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
HS 353 or SO 234	Diversity and Disparities in Healthcare**	3 CR
Elective	General Elective	1, 2, or 3 CR
		Total Credits: 16-18

Total Credits: 120

¹ MA 140 or MA 151 will also satisfy the Math Foundational Core

² BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

³ PS 110 will satisfy the Social/Behavioral Science Foundational Core

**Course is a pre-requisite for OT Graduate Programs

[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms

SACRED HEART UNIVERSITY

3 + 2 YEAR SEQUENCING FOR PRE-PUBLIC HEALTH/PH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Public Health program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Public Health.

SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
SO110 or PS 110	Sociological Imagination** ³ or Introduction to Psychology** ³	3 CR
MA 140 or MA 151	Precalculus or Calculus ¹	4 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
Core	Foundational Core	3 CR
Total Credits: 16		

YEAR 1 - Winter Session	
Foundational Core	3 CR
Total Credit Hours: 3	

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab ²	4 CR
MA131	Elementary Statistics**	3 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
Total Credits: 16		

YEAR I - Summer Session I	
Health Science Core Requirement	
Total Credit Hours: 3	

Year I - Summer Session II	
General Elective	
Total Credit Hours: 3	

YEAR 2 - Fall Session		
CIT 201	Human Journey CIT I	3 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
Core	Foundational Core	3 CR
Elective	General Elective	3 CR
Total Credits: 18		

YEAR 2 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours : 3	

YEAR 2 - Spring Session		
CIT 202	Human Journey CIT II	3 CR
HS 210	Healthcare Leadership	1 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
Elective	General Elective	3 CR
Total Credits: 16		

YEAR 2 - Summer Session I	
General Elective	
Total Credit Hours: 3	

YEAR 2 - Summer Session II	
Health Science Core Requirement	
Total Credit Hours: 3	

YEAR 3 - Fall Semester		
LAE	Liberal Arts Exploration	3 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
Elective	General Elective	3 CR
Elective	General Elective	3 CR
Total Credits: 18		

YEAR 3 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours : 3	

YEAR 3 - Spring Semester		
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
PH Elective	Public Health Elective	3 CR
Elective	General Elective	3 CR
Total Credits: 15		

Total Credits: 120

¹ MA 140 or MA 151 will also satisfy the Math Foundational Core

² BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

³ PS 110 or SO 110 will satisfy the Social/Behavioral Science Foundational Core

**Course is a pre-requisite for PH Graduate Programs

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SACRED HEART UNIVERSITY

3 + 2 YEAR SEQUENCING FOR PRE-SOCIAL WORK/PH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Social Work program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Social Work.

SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
MA 140 or MA 15	Precalculus or Calculus** ¹	4 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
		Total Credits: 16

YEAR 1 - Winter Session	
Foundational Core	3 CR
Total Credit Hours: 3	

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab** ²	4 CR
MA131	Elementary Statistics**	3 CR
SW 101	Introduction to Social Work**	3 CR
Core	Foundational Core	3 CR
		Total Credits: 16

YEAR 1 - Summer Session I	
Health Science Core Requirement	
Total Credit Hours: 3	

Year 1 - Summer Session II	
Foundational Core	
Total Credit Hours: 3	

YEAR 2 - Fall Session		
CIT 201	Human Journey CIT I	3 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
SW 265	Social Welfare Policy and Services**	3 CR
SW 267	Human Behavior & the Social Env. I**	3 CR
		Total Credits: 18

YEAR 2 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours : 3	

YEAR 2 - Spring Session		
CIT 202	Human Journey CIT II	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 210	Healthcare Leadership	1 CR
PH Core	Public Health Core Requirement	3 CR
SW 224/SO 235	Human Diversity and Social Justice**	3 CR
SW Elective	Social Work Elective**	3 CR
		Total Credits: 16

YEAR 2 - Summer Session I	
Foundational Core	
Total Credits: 3	

YEAR 2 - Summer Session II	
Health Science Core Requirement	
Total Credit Hours: 3	

YEAR 3 - Fall Semester		
LAE	Liberal Arts Exploration	3 CR
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
PH Elective	Public Health Elective	3 CR
SW Elective	Social Work Elective**	3 CR
		Total Credits: 18

YEAR 3 - Winter Session	
Liberal Arts Exploration	3 CR
Total Credit Hours : 3	

YEAR 3 - Spring Semester		
HS Core	Health Science Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Core	Public Health Core Requirement	3 CR
PH Elective	Public Health Elective	3 CR
Elective	General Elective	3 CR
		Total Credits: 15

Total Credits: 120

¹ MA 140 or MA 151 will also satisfy the Math Foundational Core

² BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

**Course is a pre-prerequisite for SW Graduate Programs

[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms