

# Bachelor of Science in Health Science (BSHS): Global Health Concentration (FA 2021 and later)

**Minimum 120 credits required for Bachelor's degree**

Foundational Core (30-32 Credits)		Grade
FYWS 125 <sup>1</sup>	First Year Writing Seminar	
CTL 125	Critical Thinking	
MA _____	Foundational Core Math course	
Choose 1 course from each area *		
<sup>2</sup> Natural/Physical Science		
Literature		
History	HI-100 or HI-102	
Arts/Design/Comm.		
Philosophy		
Theology/Relig.		
Social/Behavioral Science		

Human Journey Seminars: Great Books in CIT (6 Credits)		Grade
CIT 201	CIT Seminar I	
CIT 202	CIT Seminar II	

Liberal Arts Explorations (LAE) (9 Credits Total)		Grade
Student must complete one course in each area. (see list on Registrar's Website - checksheets)		
Humanistic Inquiry (3 credits)		
Social and Global Awareness (3 credits)		
Scientific Literacy (3 credits)		

Required Curriculum for HS Majors <sup>1</sup> (22 Credits)		Grade
HS 200	Introduction to Healthcare and Health Professions	
HS 210	Healthcare Leadership (1 cr)	
HS 204	Introduction to Research in Health Science	
HS 306	Health Management Info Systems	
HS 315	Behavioral and Mental Health	
HS 351	Legal and Ethical Aspects of Healthcare	
HS 353	Diversity and Disparities in Healthcare	
HS 355	Health Research Capstone	

Global Health Core Courses <sup>1</sup> (21 Credits)		Grade
EC 211	The Economics of Social Issues	
HS 304	Community & Public Health	
HS 230 <sup>1E</sup>	Intro to Global Health	
HS 334	Culture and Global Health	
HS 335	Advanced Global Health	
MA 131	Elementary Statistics	
HS 314	Epidemiology	

Global Health Elective Courses <sup>1</sup> (9 Credits)		Grade
CMD 305	Introduction to Emergency Preparedness	
HS 299	Special Topics in Health Science	
HS 301	Spirituality in Healthcare	
HS 303	Health Ed. & Promotion of Healthy Lifestyles	
HS 307	Alternative Healing Modalities	
HS 308	Fundamentals of Nutrition (4 cr)	
HS 310 <sup>1E</sup>	Human Growth and Development Across the Lifespan	
HS 320	Sustainable Health and Nutrition	
HS 336 <sup>1E</sup>	Childhood Health Inequities	
HS 342	Applied Nutrition (2 cr)	
PO 242	International Organizations	
PO 341	International Law	
SO 254	Society and Economic Change	
TRS 255	Human Rights	
SP 109	Beginning Spanish For Health Professions	
SW 220	Medical Literacy	
HS 212 <sup>3</sup>	Population Health and Wellness <sup>1E</sup>	

Required Supporting Courses <sup>1</sup> (8 Credits)		Grade
BI 111/113 <sup>2</sup>	Concepts in Biology I w/Lab	
MA 140 or MA 151	Precalculus or Calculus	

General Electives (number of credits vary)		Grade
Free Elective		
Free Elective		
Free Elective		
Free Elective		
Free Elective		
Free Elective		

NOTE: General Electives can be used for graduate pre-requisites or general educational requirements.

for HS  
and Supporting courses below a C.

Checksheet Key	
T	Course transferred and Requirement satisfied
W	Requirement waived
TW	Course transferred and Requirement waived

\* See list of courses.

<sup>1</sup>(Requires Grade C or higher)

<sup>2</sup>Science/Natural Science courses includes

approved Math and Computer Science courses. Students are required to take at least one course in Biology, Chemistry, or Physics in the Foundational or Liberal Arts Exploration Core. CS and MA courses may be used as a Science/Natural Science in either the Foundational Core **or** as a requirement in the LAE Core but not in both categories.

<sup>3</sup>Only offered in Dingle, Ireland

<sup>1E</sup>Also offered in Dingle, Ireland

Note: MA 006 and ESL courses **will not** count towards the 120 credit graduation requirement.

Approved Study Abroad courses may be used to satisfy requirements for the foundational core or a Liberal Arts Exploration

A maximum of 8 Applied Music credits may be applied towards graduation

**SACRED HEART UNIVERSITY**  
**College of Health Professions**

**Bachelor of Science in Health Science (Fall 2021 & Later)**

**SUGGESTED SEQUENCING FOR GLOBAL HEALTH CONCENTRATION**

*The BSHS Global Health Concentration is an undergraduate major for students who are interested in applying to a graduate health education program or considering a career in global health. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to graduate programs or an entry level position in global health.*

**SUGGESTED FOUR YEAR SEQUENCE OF STUDY:**

<b>YEAR 1</b>	<b>SEMESTER 1</b>	<b>YEAR 1</b>	<b>SEMESTER 2</b>
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking
HS 200	Intro to Healthcare and Health Professions	BI 111/113	Concepts in Biology w/lab <sup>2</sup>
MA 140 or MA 15	Precalculus or Calculus <sup>1</sup>	Core	Foundational Core
Core	Foundational Core	Core	Foundational Core
Core	Foundational Core	<b>Elective</b>	<b>General Elective</b>
<b>YEAR 2</b>	<b>SEMESTER 3</b>	<b>YEAR 2</b>	<b>SEMESTER 4</b>
CIT 201	Human Journey CIT I	CIT 202	Human Journey CIT II
GH Core	Global Health Core Requirement	GH Core	Global Health Core Requirement
HS Core	Health Science Core Requirement	HS 210	Healthcare Leadership
Core	Foundational Core	MA 131	Elementary Statistics
<b>Elective</b>	<b>General Elective</b>	Core	Foundational Core
		<b>Elective</b>	<b>General Elective</b>
<b>YEAR 3</b>	<b>SEMESTER 5</b>	<b>YEAR 3</b>	<b>SEMESTER 6</b>
LAE	LAE Theme 1 Course	LAE	LAE Theme 2 Course
GH Core	Global Health Core Requirement	GH Core	Global Health Core Requirement
GH Elective	Global Health Elective	GH Core	Global Health Core Requirement
HS Core	Health Science Core Requirement	HS Core	Health Science Core Requirement
<b>Elective</b>	<b>General Elective</b>	<b>Elective</b>	<b>General Elective</b>
<b>YEAR 4</b>	<b>SEMESTER 7</b>	<b>YEAR 4</b>	<b>SEMESTER 8</b>
GH Elective	Global Health Elective	LAE	LAE Theme 3 Course
HS Core	Health Science Core Requirement	GH Core	Global Health Core Requirement
HS Core	Health Science Core Requirement	GH Elective	Global Health Elective
<b>Elective</b>	<b>General Elective</b>	HS Core	Health Science Core Requirement
<b>Elective</b>	<b>General Elective</b>	<b>Elective</b>	<b>General Elective</b>

# SACRED HEART UNIVERSITY

## 3 + 2 YEAR SEQUENCING FOR PRE-OCCUPATIONAL THERAPY/GH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Occupational Therapy program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Occupational Therapy.

### SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
MA 140 or MA 151	Precalculus or Calculus <sup>1</sup>	4 CR
PS 110	Introduction to Psychology <sup>**3</sup>	3 CR
Core	Foundational Core	3 CR
		<b>Total Credits: 16</b>

YEAR 1 - Winter Session		
	Foundational Core	3 CR
		<b>Total Credit Hours: 3</b>

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab <sup>**2</sup>	4 CR
MA 131	Elementary Statistics <sup>**</sup>	3 CR
PS 212	Psychopathology <sup>**</sup>	3 CR
Core	Foundational Core	3 CR
		<b>Total Credits: 16</b>

YEAR I - Summer Session I		
	Health Science Requirement	
		<b>Total Credit Hours: 3</b>

Year I - Summer Session II		
	Foundational Core	
		<b>Total Credit Hours: 3</b>

YEAR 2 - Fall Session		
BI 206, 208	Anatomy and Physiology I w/Lab <sup>**</sup>	4 CR
CIT 201	Human Journey CIT I	3 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 210	Healthcare Leadership	1 CR
Elective	General Elective	3 CR
		<b>Total Credits: 17</b>

YEAR 2 - Winter Session		
	Liberal Arts Explorations	3 CR
		<b>Total Credit Hours : 3</b>

YEAR 2 - Spring Session		
BI 207, 209	Anatomy and Physiology II w/Lab <sup>**</sup>	4 CR
CIT 202	Human Journey CIT II	3 CR
GH Core	Global Health Core Requirement	3 CR
HS 310	Human and Growth Development <sup>**</sup>	3 CR
HS 353	Diversity and Disparities in Healthcare <sup>*</sup>	3 CR
		<b>Total Credits: 16</b>

YEAR 2 - Summer Session I		
	Foundational Core	
		<b>Total Credit Hours: 3</b>

YEAR 2 - Summer Session II		
	Health Science Core Requirement	
		<b>Total Credit Hours: 3</b>

YEAR 3 - Fall Semester		
LAE	Liberal Arts Exploration	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
Elective	General Elective	1, 2, or 3 CR
		<b>Total Credits: 16-18</b>

Year 3 - Winter Session		
	General Elective	3 CR
		<b>Total Credit Hours : 3</b>

YEAR 3 - Spring Semester		
LAE	Liberal Arts Exploration	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
Elective	General Elective	3 CR
		<b>Total Credits: 18</b>

Total Credits: 120

<sup>1</sup> MA 140 or MA 151 will also satisfy the Math Foundational Core

<sup>2</sup> BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

<sup>3</sup>PS 110 will satisfy the Social/Behavioral Science Foundational Core

**\*\*Course is a pre-requisite for OT Graduate Programs**

[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms

# SACRED HEART UNIVERSITY

## 3 + 2 YEAR SEQUENCING FOR PRE-PUBLIC HEALTH/GH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Public Health program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Public Health.

### SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
SO110 or PS 110	Sociological Imagination** <sup>3</sup> or Introduction to Psychology** <sup>3</sup>	3 CR
MA 140 or MA 151	Precalculus or Calculus <sup>1</sup>	4 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
Core	Foundational Core	3 CR
		<b>Total Credits: 16</b>

YEAR 1 - Winter Session	
Foundational Core	3 CR
<b>Total Credit Hours: 3</b>	

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab <sup>2</sup>	4 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
Elective	General Elective	3 CR
		<b>Total Credits: 16</b>

YEAR I - Summer Session I	
Health Science Requirement Core	
<b>Total Credit Hours: 3</b>	

Year I - Summer Session II	
General Elective	
<b>Total Credit Hours: 3</b>	

YEAR 2 - Fall Session		
CIT 201	Human Journey CIT I	3 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
MA131	Elementary Statistics**	3 CR
Core	Foundational Core	3 CR
Elective	General Elective	3 CR
		<b>Total Credits: 18</b>

YEAR 2 - Winter Session	
Liberal Arts Exploration	3 CR
<b>Total Credit Hours : 3</b>	

YEAR 2 - Spring Session		
CIT 202	Human Journey CIT II	3 CR
HS 210	Healthcare Leadership	1 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Core Requirement	3 CR
		<b>Total Credits: 16</b>

YEAR 2 - Summer Session I	
General Elective	
<b>Total Credit Hours: 3</b>	

YEAR 2 - Summer Session II	
Liberal Arts Exploration	
<b>Total Credit Hours: 3</b>	

YEAR 3 - Fall Semester		
LAE	Liberal Arts Exploration	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
HS Core	Health Science Requirement	3 CR
Elective	General Elective	3 CR
		<b>Total Credits: 18</b>

Year 3 - Winter Session	
General Elective	3 CR
<b>Total Credit Hours : 3</b>	

YEAR 3 - Spring Semester		
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
Elective	General Elective	3 CR
		<b>Total Credits: 15</b>

**Total Credits: 120**

<sup>1</sup> MA 140 or MA 151 will also satisfy the Math Foundational Core

<sup>2</sup> BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

<sup>3</sup>PS 110 or SO 110 will satisfy the Social/Behavioral Science Foundational Core

**\*\*Course is a pre-requisite for PH Graduate Programs**

**[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms**

# SACRED HEART UNIVERSITY

## 3 + 2 YEAR SEQUENCING FOR PRE-SOCIAL WORK/GH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Social Work program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Social Work.

### SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
MA 140 or MA 151	Precalculus or Calculus** <sup>1</sup>	4 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
		<b>Total Credits: 16</b>

YEAR 1 - Winter Session	
Foundational Core	3 CR
<b>Total Credit Hours: 3</b>	

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab** <sup>2</sup>	4 CR
MA131	Elementary Statistics**	3 CR
SW 101	Introduction to Social Work**	3 CR
Core	Foundational Core	3 CR
		<b>Total Credits: 16</b>

YEAR I - Summer Session I	
Health Science Requirement	
<b>Total Credit Hours: 3</b>	

Year I - Summer Session II	
Liberal Arts Explorations	
<b>Total Credit Hours: 3</b>	

YEAR 2 - Fall Session		
CIT 201	Human Journey CIT I	3 CR
HS Core	Health Science Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Public Health Elective	3 CR
SW 265	Social Welfare Policy and Services**	3 CR
SW 267	Human Behavior & the Social Env. I**	3 CR
		<b>Total Credits: 18</b>

YEAR 2 - Winter Session	
Liberal Arts Explorations	3 CR
<b>Total Credit Hours : 3</b>	

YEAR 2 - Spring Session		
CIT 202	Human Journey CIT II	3 CR
HS 210	Healthcare Leadership	1 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
SW 224/SO 23	Human Diversity and Social Justice**	3 CR
SW Elective	Social Work Elective**	3 CR
		<b>Total Credits: 16</b>

YEAR 2 - Summer Session I	
Foundational Core	
<b>Total Credit Hours: 3</b>	

YEAR 2 - Summer Session II	
Foundational Core	
<b>Total Credit Hours: 3</b>	

YEAR 3 - Fall Semester		
LAE	Liberal Arts Explorations	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Public Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
HS Core	Health Science Requirement	3 CR
SW Elective	Social Work Elective**	3 CR
		<b>Total Credits: 18</b>

Year 3 - Winter Session	
General Elective	3 CR
<b>Total Credit Hours : 3</b>	

YEAR 3 - Spring Semester		
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Public Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
		<b>Total Credits: 15</b>

Total Credits: 120

<sup>1</sup> MA 140 or MA 151 will also satisfy the Math Foundational Core

<sup>2</sup> BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

\*\*Course is a pre-requisite for SW Graduate Programs

[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms

# SACRED HEART UNIVERSITY

## 3 + 2 YEAR SEQUENCING FOR PRE-Human Clinical Nutrition/GH

The BSHS **3-year Accelerated Bachelor's Degree** is an undergraduate major for students who are interested in applying to the Master of Science in Human Clinical Nutrition program. The BSHS major will prepare students with a solid foundation in both the liberal arts and core content germane to health professions. Individualized advisement will assist students with developing a plan of study that meets pre-requisite requirements for the specific graduate program and advisement regarding GPA requirements for admission to Human Clinical Nutrition.

### SUGGESTED THREE YEAR SEQUENCE OF STUDY

(Certain courses can be taken in either the Fall or Spring terms. Please consult with your advisor)

YEAR 1 - Fall Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
HS 200	Intro to Healthcare and Health Prof.	3 CR
MA 140 or MA 151	Precalculus or Calculus <sup>1</sup>	4 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
Total Credits: 16		

YEAR 1 - Winter Session		
	Foundational Core	3 CR
Total Credit Hours: 3		

YEAR 1 - Spring Session		
FYWS 125 or CTL 125	First Year Writing Seminar or Critical Thinking	3 CR
BI 111,113	General Biology I w/Lab <sup>2</sup>	4 CR
MA 131	Elementary Statistics	3 CR
Core	Foundational Core	3 CR
Core	Foundational Core	3 CR
Total Credits: 16		

YEAR I - Summer Session I		
	BI 206/208 Anatomy & Physiology I w/Lab**	
Total Credit Hours: 4		

Year I - Summer Session II		
	BI 206/208 Anatomy & Physiology II w/Lab**	
Total Credit Hours: 4		

YEAR 2 - Fall Session		
CH 151/153	General Chemistry I w/Lab***	4 CR
CIT 201	Human Journey CIT I	3 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 308	Fundamentals of Nutrition <sup>3**</sup>	4 CR
Total Credits: 17		

YEAR 2 - Winter Session		
	Liberal Arts Explorations	3 CR
Total Credit Hours: 3		

YEAR 2 - Spring Session		
CH 152/154	General Chemistry II w/Lab***	4 CR
CIT 202	Human Journey CIT II	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Requirement	3 CR
HS 210	Healthcare Leadership	1 CR
Total Credits: 17		

YEAR 2 - Summer Session I		
	CH 221/223 Organic Chemistry I w/Lab**	
Total Credit Hours: 4		

YEAR 2 - Summer Session II		
	CH 221/223 Organic Chemistry I w/Lab**	
Total Credit Hours: 4		

YEAR 3 - Fall Semester		
CH 341/343	Biochemistry**	4 CR
LAE	Liberal Arts Exploration	3 CR
GH Core	Global Health Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
HS Core	Health Science Core Requirement	3 CR
HS 342	Applied Nutrition <sup>3**</sup>	2 CR
Total Credits: 18		

Year 3 - Winter Session		
	Foundational Core	3 CR
Total Credit Hours: 3		

YEAR 3 - Spring Semester		
LAE	Liberal Arts Exploration	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Core	Global Health Core Requirement	3 CR
GH Elective	Global Health Elective	3 CR
HS Core	Health Science Requirement	3 CR
HS Core	Health Science Requirement	3 CR
Total Credits: 18		

Total Credits: 127

<sup>1</sup> MA 140 or MA 151 will also satisfy the Math Foundational Core

<sup>2</sup> BI 111/113 will also satisfy the Natural/Physical Science Foundational Core

<sup>3</sup>Counts toward the Global Health Elective Requirement

\*\*Course is a pre-requisite for MS Human Clinical Nutrition Program

[SHU in Dingle](#) - Study Abroad opportunity that offers courses for Health Science students in the Summer and Fall Terms