

**\*This form must be printed, hand-written and signed by a health care provider.**



Sacred Heart  
UNIVERSITY

Dear New Student,

Welcome to Sacred Heart University! We hope your experience here will be a healthy and happy one.

The State of Connecticut requires that we collect some basic health information before you begin your studies. *All new students, unless you are a distance learner (online classes only), must submit these forms.* It is your responsibility alone to make sure that we have received all the required information – failure to comply with the State requirements will result in your student account being blocked, prohibiting you from registering for classes AND entry into university housing.

Please read the information below carefully and completely and follow all instructions. Feel free to call us with any questions or concerns at 203-371-7838 or email us at [healthservices@sacredheart.edu](mailto:healthservices@sacredheart.edu).

**A. Checklist:** Please use this checklist to assist you in completing the New Student Health Form

- ☐ Print out this form in its entirety.
- ☐ Complete Section I (Tuberculosis High Risk Screening Questionnaire) and sign form in space provided.
- ☐ Bring the form to your healthcare provider and have them fill out Sections II (TB Screening Test, if required), III (Immunization History), and IV (Clinician Information). *The New Student Health Form must be signed, dated and stamped by your healthcare provider.*
- ☐ Scan or take a photo of the completed form (and all supporting documents given to you by your healthcare provider).
- ☐ Log in to your [Student Health Portal](https://myhealth.sacredheart.edu) (<https://myhealth.sacredheart.edu>) with your SHU username and password and follow all instructions on the home page. You will be required to upload this form to the Portal. **DO NOT MAIL, EMAIL OR FAX YOUR FORMS!**
- ☐ Await review and verification of your uploaded forms (this can take up to 10 business days), then make sure to check your messages in the Student Health Portal ("Messages" tab) or your SHU email and respond to any requests for further information or corrective action.

**All health forms must be submitted by JULY 15<sup>TH</sup> FOR FALL SEMESTER (or 4 weeks prior to the start of classes for all other start dates)**

**B. Required Vaccinations/Screening (updated 1/2023)**

The following are required by the State of Connecticut and Sacred Heart University:

1. MMR (Measles, Mumps and Rubella) Vaccine: Two doses of each Measles, Mumps and Rubella vaccines (or the combined MMR vaccine) administered at least 28 days apart with the first dose **ON** or **AFTER** your first birthday **OR** evidence of immunity to Measles, Mumps and Rubella via blood titers – lab reports are required. Required for all students born after 1956.
2. Varicella (Chicken Pox) Vaccine: Two doses administered at least 28 days apart with the first dose **ON** or **AFTER** your first birthday **OR** documentation of date of Varicella disease signed by your healthcare provider **OR** evidence of immunity to Varicella via blood titers – lab reports are required. Required for all students born after 1979.
3. Meningitis ACYW Vaccine: One dose within the past 5 years *only if you will be living in the SHU residence halls*.
4. Tuberculosis (TB) Screening Questionnaire: You must fill out this questionnaire and based on your answers, you may be required to have skin or blood TB testing.

For information on exemptions to the required vaccinations, please see the CT State Department of Public Health website section on Immunization Laws and Regulations: <https://portal.ct.gov/DPH/Immunizations/Immunization--Laws-and-Regulations>.

**C. Recommended Vaccinations**

The following vaccines are strongly recommended by Sacred Heart University: COVID-19, Hepatitis A, Hepatitis B, HPV, Meningitis B, and Tdap.

**D. Programs Requiring Additional Health Forms**

Some students are required to submit additional health forms for their specific program of study or sport. For instance, D1 athletes must submit NCAA health forms to the Athletics Department, Nursing and some health science students must submit "CastleBranch" or "PreCheck" forms to their program, and so on. *Your program will notify you about any additional required health forms.* Even if you have submitted health forms to the Athletics department or your program of study, **you are still required to submit health forms to Student Health Services since we are required by law to collect this information.**

# Sacred Heart University New Student Health Form (Page 1 of 2)

Submit all completed forms and any supporting documents by uploading to the Student Health Portal - <https://myhealth.sacredheart.edu>

Student Last Name	Student First Name	Student Middle Name
Date of Birth	Gender Identity Sex Assigned at Birth	SHU ID#
Date Beginning School: <input type="checkbox"/> Fall 20____ <input type="checkbox"/> Spring 20____ <input type="checkbox"/> Commuter <input type="checkbox"/> Campus Housing <input type="checkbox"/> Undergraduate <input type="checkbox"/> Graduate		
Student's Cell Phone	Student's Preferred E-mail Address	

## SECTION I: TUBERCULOSIS HIGH RISK SCREENING QUESTIONNAIRE

Student: Please answer questions 1 through 4 then follow instructions below

1. Have you ever had a positive tuberculosis (TB) skin or blood test in the past?	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. To the best of your knowledge, have you ever had close contact with anyone who was sick with TB?	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. Were you born in one of the countries listed below? <i>If yes, which country?</i> _____	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. Have you spent more than one month in one or more of the countries listed below?	<input type="checkbox"/> Yes <input type="checkbox"/> No

If you answered NO to all questions above, no further testing is required. Please sign below.

If you answered YES to any question above, you must have a TB skin or blood test documented by your healthcare provider (see Step 1). No exemption for prior BCG. Please sign below.

By signing below, I confirm that all the information provided in this form is accurate.

Student Signature  <b>X</b>	Date  
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## SECTION II: TB SCREENING TEST To be filled out by healthcare provider

TB screening test *only required* if student answers YES to any of the above questions. Healthcare provider must document test results and sign below.  
All TB skin or blood tests must be done **within 1 year** prior to the start of school.

STEP 1: TB SKIN TEST (PPD) <b>OR</b> TB BLOOD TEST/IGRA*	STEP 2: CHEST X-RAY <b>AND</b> MEDICATION TREATMENT
Date PPD Planted: _____ Date PPD Read: _____ Interpretation: <input type="checkbox"/> NEG <input type="checkbox"/> POS mm of induration: _____  <input type="checkbox"/> Quantiferon <input type="checkbox"/> T-Spot Date: _____  Result: <input type="checkbox"/> NEG <input type="checkbox"/> POS <i>*preferred with previous BCG. Lab report required.</i>	<b>Required only if past or current positive TB skin or blood test. Chest x-ray should be done within one year of the positive skin/blood test. Radiology report must be included.</b>  Chest X-ray Date: _____ <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal  <b>Medication(s) Used:</b>  <b>Dates Administered:</b>
If PPD or IGRA test is Negative, no further testing required. If test is Positive, proceed to Step 2.	
Healthcare Provider Signature  <b>X</b>	Date  Healthcare Provider Name and Title (print)

### List of High Risk Tuberculosis Countries for TB Questionnaire above

Afghanistan	Bulgaria	Democratic Republic of the Congo	Guam	Lesotho	Myanmar	Republic of Korea	Togo
Algeria	Burkina Faso	Djibouti	Guatemala	Liberia	Namibia	Republic of Moldova	Tokelau
Angola	Burundi	Côte d'Ivoire	Guinea	Libya	Nauru	Romania	Tunisia
Anguilla	Cabo Verde	Dominica	Guinea-Bissau	Lithuania	Nepal	Russian Federation	Turkmenistan
Argentina	Cambodia	Dominican Republic	Guyana	Madagascar	Nicaragua	Rwanda	Tuvalu
Armenia	Cameroon	Ecuador	Haiti	Malawi	Niger	Sao Tome and Principe	Uganda
Azerbaijan	Central African Republic	El Salvador	Honduras	Malaysia	Nigeria	Senegal	Ukraine
Bangladesh	Chad	Equatorial Guinea	India	Maldives	Niue	Sierra Leone	United Republic of Tanzania
Belarus	China	Eritrea	Indonesia	Mali	Northern Mariana Islands	Singapore	Uruguay
Belize	China, Hong Kong SAR	Eswatini	Iraq	Malta	Pakistan	Solomon Islands	Uzbekistan
Benin	China, Macao SAR	Ethiopia	Kazakhstan	Marshall Islands	Palau	Somalia	Vanuatu
Bhutan	Colombia	Fiji	Kenya	Mauritania	Panama	South Africa	Venezuela
Bolivia (Plurinational State of)	Comoros	French Polynesia	Kiribati	Mexico	Papua New Guinea	South Sudan	(Bolivarian Republic of)
Bosnia and Herzegovina	Congo	Gabon	Kuwait	Micronesia (Federated States of)	Paraguay	Sri Lanka	Sudan
Botswana	Democratic People's Republic of Korea	Gambia	Kyrgyzstan	Mongolia	Peru	Suriname	Yemen
Brazil		Georgia	Lao People's Democratic Republic	Morocco	Philippines	Tajikistan	Zambia
Brunei Darussalam		Ghana	Latvia	Mozambique	Qatar	Thailand	Zimbabwe
		Greenland				Timor-Leste	

Source: World Health Organization Global Health Observatory, Tuberculosis Incidence 2020. Countries with incidence rates of ≥ 20 cases per 100,000 population

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## Sacred Heart University New Student Health Form (Page 2 of 2)

Submit all completed forms and any supporting documents by uploading to the Student Health Portal - <https://myhealth.sacredheart.edu>

Student Last Name:	Student First Name:	Date of Birth:
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### SECTION III: IMMUNIZATION HISTORY To be filled out by healthcare provider only; will accept printed vaccine record

**MEASLES, MUMPS, RUBELLA (MMR) VACCINATION** - Dose #1 on or after first birthday, dose #2 at least 28 days later; Required if born after 1956.

<b>OPTION 1:</b> <b>OR</b>	Measles, Mumps, Rubella (MMR) Vaccination	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY
<b>OPTION 2:</b> <b>OR</b>	Measles Vaccination Dose #1 Dose #2 <b>AND</b> → Mumps Vaccination Dose #1 Dose #2 <b>AND</b> → Rubella Vaccination Dose #1 Dose #2 MM / DD / YYYY MM / DD / YYYY MM / DD / YYYY MM / DD / YYYY MM / DD / YYYY MM / DD / YYYY		
<b>OPTION 3:</b>	Measles Titer Result: <input type="checkbox"/> Immune <input type="checkbox"/> Not immune Date _____ MM/DD/YYYY Mumps Titer Result: <input type="checkbox"/> Immune <input type="checkbox"/> Not immune Date _____ MM/DD/YYYY Rubella Titer Result: <input type="checkbox"/> Immune <input type="checkbox"/> Not immune Date _____ MM/DD/YYYY *If not immune, you are required to get 2 MMR vaccines separated by at least 28 days		

**VARICELLA VACCINATION** - Dose #1 on or after first birthday, dose #2 at least 28 days later; Required if born after 1979.

<b>OPTION 1:</b> <b>OR</b>	Varicella Vaccination	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY
<b>OPTION 2:</b> <b>OR</b>	Varicella Titer Result: <input type="checkbox"/> Immune <input type="checkbox"/> Not immune Date _____ MM/DD/YYYY *If not immune, you are required to get 2 Varicella vaccines separated by at least 28 days		
<b>OPTION 3:</b>	An incidence of disease will take the place of a vaccine requirement (Must be filled in by a physician/DO/APRN/PA) Varicella (Chicken Pox) Disease (Date required) MM/DD/YYYY		

**MENINGOCOCCAL VACCINATION** - Required of all students living in University housing

Meningococcal Vaccination Must cover strains A, C, Y, W-135	Date MM / DD / YYYY	Vaccination must have been given within 5 years of the first day of classes at SHU.
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### RECOMMENDED VACCINATIONS

HEPATITIS A	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY		TETANUS, DIPHTHERIA, PERTUSSIS (within the last 10 years)	<input type="checkbox"/> Tdap <input type="checkbox"/> Td	Date MM / DD / YYYY
HEPATITIS B	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY	Dose #3 MM / DD / YYYY	COVID-19 Please indicate vaccine type given for each dose	Dose #1 MM / DD / YYYY	Vaccine type given
HUMAN PAPILLOMAVIRUS (HPV)	<input type="checkbox"/> HPV4 <input type="checkbox"/> HPV9	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY	Dose #3 MM / DD / YYYY	Dose #2 MM / DD / YYYY	
MENINGOCOCCAL SEROGROUP B	<input type="checkbox"/> Trumenba <input type="checkbox"/> Bexsero	Dose #1 MM / DD / YYYY	Dose #2 MM / DD / YYYY	Dose #3 MM / DD / YYYY	Dose #3 MM / DD / YYYY	

### SECTION IV: CLINICIAN INFORMATION To be filled out by healthcare provider

*By signing below, I confirm that the above information is accurate to the best of my knowledge and that this student has no medical condition that would prohibit him/her/them from participating fully in all educational activities. This is NOT a clearance for D1 or club sports.*

Healthcare Provider Signature  <div style="font-size: 2em; color: red; text-align: center;">X</div>	Date  Office Address and Phone #
Healthcare Provider Name and Title (print)	Office Stamp