I teach "Exercise Physiology", and though most of the course reviews specific details associated with the physiology of exercise, addressing physical activity within a broader context is also examined. The "Built Environment" refers generally to aspects of our community that have been "built" such as roads, stores, schools, and homes. How communities are structured is associated with physical activity. A brief presentation about this topic will be followed by a demo of a student project that utilizes several digital tools.

Digital Tools Incorporated:

- [Centers for Disease Control and Prevention Walkability Audit Tool](https://www.cdc.gov/healthpromotionTopics/physicalactivity/walkability/)
- [Map My Run](https://www.mapmyrun.com/)
- [Google Maps](https://www.google.com/maps)
- Digital Camera
- [Microsoft Office Mix](https://www.microsoft.com/en-us/office/microsoft-office-mix) (or any Screen Capture Digital Tool)