

# SHU Wellness Center—Counseling Center

- ▶ Short-term mental healthcare
  - ▶ Free
  - ▶ Brief interventions, both individual and group
  - ▶ Licensed clinicians & masters-level trainees
  - ▶ Psychiatric nurse for NEW medication evals only
  - ▶ Alcohol/other Drug Specialist
  - ▶ Confidential
  - ▶ 24/7 On-Call Coverage for Crises

# SHU Wellness Center- s.w.e.e.t. peer educators

- ▶ Wellness Promotion
  - ▶ Interactive workshops for students on wellness topics such as:
    - ▶ Stress management
    - ▶ Bystander intervention
    - ▶ Harm reduction
    - ▶ Time management
    - ▶ Healthy eating on campus
    - ▶ Social connectedness

# SHU Wellness Center Health Services

- ▶ collect Health forms with immunizations. State of CT mandate
  - ▶ Health form
  - ▶ Minor consent form if under 18
- ▶ Provide healthcare and education to your students
  - ▶ Confidential

# Services

- ▶ Staff- Nurse practitioners, Nurse, Medical assistant
- ▶ Collaborative agreement with St. Vincent's for a Physician Director
- ▶ Hours: Monday - Friday 9am-5pm
- ▶ Diagnosis and Treatment of common college age illnesses.
- ▶ Immunizations -Flu vaccines
- ▶ Emergency Arm of SHU:
  - On campus 7911- Public Safety
  - Off campus 911

# Billing

- ▶ Health Services does not bill insurance for visits.
- ▶ Insurance is billed for diagnostic lab tests only by Quest Lab (throat culture, blood work, x-rays etc.)
- ▶ All Students Must Have Insurance- LOOK for the PINK PAPER

# Medications/ Prescriptions



- ▶ Stock over the counter medications only for a cost.
- ▶ Prescription medication is filled at a local pharmacy
  - ▶ Insurance card needed
  - ▶ Shuttle to local pharmacies; Stop and Shop or Target CVS at the mall.
  - ▶ Lupe's pharmacy in Fairfield delivers medications to Health Services.

# Referrals

- ▶ Nurse Practitioner will refer students for specialist care or MD care when needed.
- ▶ Common referrals: Orthopedic, Eye MD, ENT, OB/GYN, Gastrointestinal, Podiatry
- ▶ Insurance card needed

# Common Illness seen at Health Services

- ▶ Upper Respiratory Infections/Colds
- ▶ Strep Throat
- ▶ Mono
- ▶ Pink Eye
- ▶ UTIs
- ▶ STDs



# Questions? Please come to our table

- ▶ What to do now?
  - ▶ Update your student Health Forms
  - ▶ Enroll or Waive the Health insurance
  - ▶ Special services: come to our table and contact Learning Center for students with special needs