Academic and Community Resources and Student Services
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ACADEMIC RESOURCES

Sacred Heart University currently has 17 buildings on its 56-acre campus and adjoining properties in the northeast corner of Fairfield, Connecticut. The William H. Pitt Health and Recreation Center opened September 1997, as did significant enhancements of the Residential Life facilities, main academic facilities and the Chapel of the Holy Spirit in 2009. Plans call for renovation of the library, a new student commons building, and other improvements. The University's College of Education and Health Professions is located at 7 Cambridge Drive, Trumbull, and houses the Departments of Education, Nursing, Occupational Therapy, Physical Therapy, and Human Movement and Sports Science.

Academic Center

The Academic Center contains mostly classrooms and faculty, administrative and academic departmental offices. This includes Campus Ministry, Campus Operations, Public Safety, Registrar, Student Affairs and Student Government offices. It houses the faculty offices of Biology, Chemistry, Computer Science, Criminal Justice, English, Environmental Science, Information Technology, Mathematics, Modern Foreign Language, Music, Psychology and Social Work. It is also a multipurpose activity center, housing the bookstore, computer center, dining hall, faculty lounge, Gallery of Contemporary Art, mailroom/print shop, science and language laboratories, snack bar and the Edgerton Center for the Performing Arts. Hawley Lounge serves as a student lounge and recreational activity center.

Bookstore

The bookstore is located on the first floor of the Academic Center, in the Humanities Center wing. Operated by Follett College Stores, it offers textbooks, supplies, clothing with the University's name and logo, and related items. Bookstore purchases can be made online. Visit the bookstore's website at www.sacredheart.edu. Click the Admissions tab, then click Bookstore (left margin).

Ryan-Matura Library

The Ryan-Matura Library is the source for information, whether it is the answer to a factual question or research for a term paper. Librarians are available to answer questions and assist students with extended research projects. Instruction sessions are also conducted for class groups to make them familiar with the library, with subject specific research and the research process. Librarians will also assist students with finding information in commercial databases or on the Internet. Periodicals and periodical indexes including newspapers are found in print, film and electronic format. Any book or periodical not found in the library can be obtained from another library through interlibrary loan. Materials can usually be obtained within 10 days. At present the Ryan-Matura Library holds approximately 132,000 print volumes, 50,000 non-print items and more than 15,000 periodical subscriptions. These include a significant number of fulltext journals available on more than 50 online index and abstracting databases. These can be reached 24 hours per day, 7 days per week from links on the library homepage. Databases are available from campus and home. The library also provides a wide range of electronic resources, including: Innovative Interfaces Online Catalog; Connecticut Digital Library; ProQuest Database (newspapers, general, business, medical and social sciences periodicals indexes); Encyclopedia Britannica Online; First Search database
(includes World Cat, ERIC, Medline, Cinahl, MLA Bibliography, etc.); as well as many other electronic resources, including Psych Info. Access to these resources is available through the University’s library homepage. The library’s website is located at http://library.sacredheart.edu. It provides the user with access to the library catalog, information about the library, electronic reserve reading, links to research databases and other related information. The library building also houses the Jandrisevits Learning Center.

### Lieberman Administration Building

The Administration Building houses the President’s office, the offices of the Provost and Vice President and Associate Vice President for Academic Affairs, the offices of University College and Media Studies Center; faculty offices for the Departments of Government and Politics, History, Media Studies, Philosophy, Theology and Religious Studies, Sociology, and Social Work.

### Curtis Hall

Curtis Hall, named for the University’s founder, the Most Reverend Walter W. Curtis, D.D., Bishop of the Diocese of Bridgeport, houses the offices of Undergraduate and Graduate Admissions, Student Financial Assistance, Career Development, and the Center for Irish Cultural Studies, Web Content Management and the Office of the Vice President for Enrollment Planning and Student Affairs. The Curtis Hall is also located in this building.

### Cambridge Drive, College of Education and Health Professions

The faculty offices and many of the instructional spaces of the College of Education and Health Professions are located in neighboring Trumbull, Connecticut, at 7 Cambridge Drive, a short distance from the Park Avenue campus. This newly created, 57,000-square-foot facility houses state-of-the-art labs, classrooms, and library facilities for the College, which includes the Departments of Education, Nursing, Occupational Therapy, Physical Therapy and Human Movement. All graduate study for the College and many laboratory and didactic undergraduate courses are scheduled in this exciting space. In addition to the highly sophisticated classrooms, laboratories, and library spaces, there are new dining facilities, a physical therapy clinic, a reading clinic, and administrative and faculty offices. Ample parking is available and the facility is served by a regular University shuttle service.

### The William H. Pitt Health and Recreation Center

The William H. Pitt Health and Recreation Center is home to the Pioneer men's and women's basketball, volleyball, and wrestling programs. The three-level, 141,000-square-foot complex features four multipurpose basketball courts,
which can be easily converted for indoor tennis or convention use, and seats 2,100 for basketball. The main level of the Pitt Center also houses the Sacred Heart University Sports Medicine and Rehabilitation Center, a joint private practice/University venture offering many specialized clinical rehabilitation and wellness services in conjunction with academic-based faculty therapists, in a facility that features state-of-the-art physical therapy equipment. The Health and Fitness Center is located on the lower level of the Pitt Center. Offering a wide range of fitness equipment and classes, the 5,000-square-foot facility features an enclosed aerobics studio and main fitness area, where the latest generation of cardiovascular exercise machines and free weight equipment can be used. Locker rooms for both the Pioneer athletic teams and Health and Fitness Center members are adjacent to the fitness area. The upper level of the Pitt Center houses the Department of Athletics suite of offices and the Board Room, which serves as a meeting/reception room for the Board of Trustees and other on-campus organizations. Graduate students may use the Fitness Center for a fee.

Campus Field

Campus Field is the home of the Pioneer football, men's and women's soccer, field hockey, men's and women's lacrosse, and men's and women's outdoor track and field. Built in 1993, Campus Field features a newly installed lights and $1.2 million state-of-the-art Sprint Turf synthetic-surface, multipurpose field. The field is surrounded by an eight-lane synthetic-surface running track available for competition and recreational use seating more than 3,500 spectators. Campus Field is an ideal location for large-scale events and has been host to athletic tournaments, graduations, and outdoor fairs. Adjacent to Campus Field are six state-of-the-art tennis courts constructed in 1995 and renovated in 2007. Rounding out the outdoor athletic facilities are the University tennis courts, and Pioneer Park softball field, most recently updated in 2007.

Park Avenue House

The offices of Personal Counseling Services and Health Services are located in the Park Avenue House at the southeast corner of the campus.

Schine Auditorium

The Schine Auditorium, located in the lower level of the Ryan-Matura Library, provides an appropriate setting for lectures, workshops, academic convocations, and other special programs. To reserve the 220-seat auditorium, call 203-371-7913 between 8:30 am and noon, Monday through Friday.

Instructional Technology and Student Mobile Computing Program

Recognizing the increasingly important role of technology in our society and in education, Sacred Heart University has made a commitment to, and a serious investment in, computers, networking and its supporting technologies. The University's network infrastructure provides connectivity to every facility on campus via a fiber-optic Gigabit Ethernet backbone. The network architecture is capable of supporting well over 5,000 simultaneous users at any given time.

Network services are provided to the student community via 100-megabit data jacks and 150Mbps wireless access. These provide access to the University library, Internet and student e-mail 24 hours a day, seven days a week. Wireless access is also provided in the academic buildings, library and most other indoor and outdoor locations.
where students gather on campus.

VPN, Citrix and terminal services are available to provide connectivity solutions for even the most sophisticated applications, from anywhere on the Internet. Outlook Web Access (OWA) is available through the web, for sending and receiving campus e-mail from any computer connected anywhere on the Internet.

To promote its "Anytime, Anywhere Learning" initiative, Sacred Heart University launched wireless networking in the summer of 2000 to create one of the first wireless network campuses in New England. This infrastructure allows students to use their laptops in nearly all outdoor areas on campus, and in most public areas indoors. The current wireless standard is 150Mbps 802.11h.

The students' computing laboratories are currently comprised of 211 desktop computers dispersed throughout several academic facilities. Eight laboratories are used for computer-related instruction, and an additional lab provides 24/7/365 access for Sacred Heart University students, faculty, and staff. The University continues to upgrade regular classrooms to “smart” classrooms with fixed multimedia capabilities that allow instructors to fully integrate technology in their classroom presentations. All general-purpose classrooms are equipped with LCD projectors, DVD, VCR, audio capabilities, and PC/laptop connections. All classrooms on campus are equipped with an active data jack for instructors or students to access the network. Additionally, there are data/CATV connections in every suite and wireless networking is accessible throughout the campus. The network infrastructure is designed with future technologies in mind and with excess capacity to allow for significant growth. The University is making a serious financial commitment to maintaining the network at peak performance capability and reliability. Upgrading the software and hardware that support the network is a continuous process and not one the University will ever say is complete. Sacred Heart’s commitment is to keeping a state-of-the-art system in place for all our campus customers.

In 1995, Sacred Heart University became the first university in Connecticut and the fourth in New England to require incoming freshmen to own a notebook computer that meets a specified standard (networking connectivity to access the Internet, e-mail, University library and other libraries across the country and other networked resources). By fall 1998, all of the University's fulltime undergraduate students had notebook computers. The Mobile Computing Program, and the universal nature of the program on this campus, makes integrating technology across the curriculum and into the daily lives of our students, a much easier process. In addition, Sacred Heart University provides all of its full-time faculty members with a choice of laptop, tablet or Mac laptop refreshed every two years. We offer similar programs to our adjunct faculty who are issued a two-year old laptop refreshed every year. We build and deploy an image which contains the latest Microsoft Office software and other necessary tools and utilities. Faculty members are able to incorporate more electronic course information into the curriculum and use computers as a key component of classroom instruction; faculty and students are able to communicate using Sacred Heart's Online Web-based Course Management System, 'BLACKBOARD,” for class content, assignments, questions and classroom discussion groups; as well as virtual office hours. To expand on the mobile learning initiative, the University now offers the ITUNESU platform to provide the community with the tools required to download content to portable players and replay the content when appropriate.
Computer Facilities

Sacred Heart University offers a state-of-the-art campus network. The library, classrooms, on-campus residence facilities, health and recreation center and faculty and administrative offices are all networked. With its fiber-optic infrastructure, the University is positioned to support a wide range of emerging technologies. The University has established itself as a pioneer in the implementation of technology across the curriculum.

A host of multiprocessor campus servers supports the labs and educational programs. The University's 300 Mbps Internet, Internet2 and Gigabit backbone support 100 Mbps wired and 150 Mbps wireless links throughout the campus. The network also supports video, voice and data across the campus. State-of-the-art routers and firewalls provide high-speed connectivity and security to Wide Area Network segments, and are completely managed in-house. This has allowed the administrators to implement traffic-shaping, intrusion prevention, and wireless security measures for access as secure as it is convenient. The University has adopted the “Blackboard” Transaction system to create a simplified means for identification and commerce transactions on campus. The Sacred Heart ID can also be used at select off-campus merchant locations to facilitate additional commerce transactions.

In support of the laptop program, the University has an on-site Notebook Service Center and Call Center (The Factory) staffed by certified technicians and open 12 hours a day, Monday through Friday. The Factory is staffed 12 hours a day, 5 days a week, so that members of the University community can call trained technicians for assistance with anything on campus that pertains to technology. The Factory can be accessed on campus through the internal telephone system and off campus via a toll-free telephone number. This facility is specifically designed to service and troubleshoot problems with laptops. In addition, Sacred Heart University has a full-time trainer who provides basic, intermediate and advanced instructional courses on all supported applications included on the laptop. Through Sacred Heart's telephone support hotline, students, faculty and staff can dial a toll-free number or email tech support to obtain technical assistance.

Jandrisevits Learning Center

Office of Academic Support

The Jandrisevits Learning Center (JLC) is located in the lower level of the Ryan-Matura Library. Staffed by highly experienced faculty tutors and well-trained peer assistants, the JLC provides a warm, friendly learning environment where the successful academic accomplishments of students are our primary concern. The JLC offers the following support services to all undergraduate and graduate SHU students:

- individualized one-hour tutoring in all disciplines provided by a staff of 10 faculty tutors;
- monthly workshops on college-level learning skills such as note-taking, time management and test-taking;
- classroom learning assistants (70 peer tutors who provide academic support in disciplines across the curriculum);
- learning disability specialists in compliance with § 504 of the 1973 Rehabilitation Act;
- adaptive technology instruction for learning and physically challenged students;
- an online writing service (JLC.OWL); and
- drop-in tutoring for selected courses and referrals for individualized tutoring.
The JLC is open seven days a week: Monday–Thursday, 10am–9pm; Friday, 10am–3pm; and Saturday–Sunday, 2pm–6pm.

**Federally Mandated Services**

**Office of Special Services**

Although there is no separate application process to be admitted into the Office of Special Services, all students with disabilities must submit appropriate documentation prior to the start of the academic year or prior to their request for services. The University’s documentation policy can be obtained by contacting the Office of Special Services.

**Disclosure Letters**

At the written request of students, the Director of Special Services writes letters to some or all of the students’ professors that clearly states the nature of the disability and the appropriate classroom accommodations.

**Extended-Time and Separate Environment Testing**

Extended-time testing (usually time and a half or double time) takes place either in classrooms designated by professors or in a separate, secluded environment within the JLC.

**In-Class Notetaker**

In-class notetakers are fellow students who are also taking the class. By agreement, these students make copies of their notes or allow students in need to duplicate notes on a copy machine paid for by the JLC Disabilities Office.

**Interpreting and/or Technical Services**

Deaf or hard-of-hearing students can request either an oral interpreter or an American Sign Language interpreter. If they do not use interpreters, but have a significant hearing loss, technology can be requested to assist in understanding classroom lectures and obtaining notes.

**Alternative Forms of Testing**

Depending on the students’ documentation and disabilities, the Special Services Office negotiates appropriate alternative testing methods on a case-by-case basis.

**Course Substitutions When Appropriate**

A course substitution policy enables physically and learning challenged students on a case-by-case basis to request previously approved alternatives in place of specific required courses, but only when it is clear that the required courses would severely disadvantage students’ ability to successfully compete in those courses.

**Classroom Learning Assistants Program**

Tutoring in disciplines across the curriculum is provided for all Sacred Heart University students free of charge by graduates and undergraduates in the Classroom Learning Assistants (CLA) Program. The CLAs are responsible for providing students with a full set of notes for the class, and assisting them with tests, study or paper preparations.

**Books on Tape**

Students can be provided with recorded books either through Sacred Heart University’s institutional membership with Reading for the Blind and Dyslexic (RFB&D).

**Additional Billable Services**

**L.D. Trained Specialists**

The Director of Special Services along with L.D. specialists collectively provide services day and evening for a total of 35 hours.
a week, assisting students with special needs on a one-to-one basis. These tutors have expertise in specialized pedagogy for the learning disabled and, thus, provide services over and beyond those offered by the University’s regular tutorial program.

Technical Services

A closed-caption note-taking system provides notes for students who choose to avail themselves of an additional academic accommodation beyond those required by law.

Content Tutors

Tutoring in disciplines across the curriculum is provided for all Sacred Heart students free of charge by graduates and undergraduates in the Classroom Learning Program. While students with disabilities may attend group CLA tutoring sessions, some also need the special expertise of faculty tutors—over and beyond what is provided by tutors in the Classroom Learning Assistants Program provide them with individual assistance on a regular basis.

Hired Scribes

An upperclass student not registered for the class who attends the class for the sole purpose of taking notes for the student requesting the service is available. Scribes are paid not only for taking class notes but also for assisting with homework assignments.

Academic Coaching

A personal service is available that assists learning and physically challenged students to develop organizational life-skills that will foster independence and increase their opportunities for academic success. Appointments: Call 203-371-7820, or come to the JLC, located in the lower level of the Ryan-Matura Library.

English as a Second Language (ESL)

The ESL program is designed for students whose native language is not English and who wish to study English either full or part-time (in compliance with their visa as applicable). The program is designed to help students improve their oral and written communication skills in English, preparing them for successful study in an American academic institution.

Full-time ESL students enroll in eight-week sessions, taking a cluster of oral communication, written communication, pronunciation, and service learning, totaling 18 hours per week.

Placement in both the noncredit and credit ESL Programs is determined by the University College English Placement Test, SAT scores, TOEFL, an oral interview, and the student’s language profile. For more information regarding the program, contact the Director at 203-365-7528. For further support, tutoring is also available at the University Learning Center.

ESL classes are offered on the Fairfield and the Stamford campuses.

SHU offers full-time ESL courses all year round, including summer. Courses are offered morning, evening and weekends.

Please see our website for further information: www.sacredheart.edu/sheli.cfm

Students who successfully complete their ESL classes at the Sacred Heart English Language Institute are not required to take another proficiency test to enroll in other degree programs at Sacred Heart University. Admission to SHELI does not guarantee admission to the University. Our academic advisers will assist you in working toward a university degree.
Housing

For off-campus housing information, students can register on-line at http://sacredheart.apartmentsource.com.

Inquiries as to the availability of graduate housing may be made by contacting the office of Residential Life at 203-416-3417.

COMMUNITY RESOURCES

Center for Christian-Jewish Understanding

The Center for Christian-Jewish Understanding (CCJU) is an educational and research division of Sacred Heart University. The center draws together clergy, laity, scholars, theologians and educators to focus on current religious thinking within Christianity and Judaism. As each tradition reevaluates attitudes toward the other, the Center fosters the exploration of the major philosophical and theological issues on the frontier of the Christian-Jewish dialogue as these are formulated by scholars at the international and national levels. The Center’s mission is to develop programs and publications to overcome deep-seated antagonisms, based on centuries of hostility and mutual estrangement, that recent progress has not yet healed. It fosters greater knowledge and understanding of the religious traditions of Christianity and Judaism and the history of their relationship, and provides a forum for dialogue. It promotes independent research and serves as a vehicle for processing and circulating its findings to appropriate institutions around the world. For further information about the CCJU, call 203-365-7592 or visit its website at www.ccju.org.

Center for Strategic Planning for Not-For-Profit Organizations

The Center for Strategic Planning for Not-For-Profit Organizations was established by Sacred Heart University within the John F. Welch College of Business to provide business assistance to qualified groups. Through the application of skills developed during their studies, teams of MBA students, under the guidance of an experienced advisor, address strategic issues central to the client’s longer term viability and effectiveness. In doing so, students provide a valuable service while being exposed to “realities of life” that transcend the formal academic environment. It is the mission of the Center to engender in the University’s MBA students a sense of community and an appreciation for those less fortunate by providing them a unique opportunity to give of their talents in the service of others. Functioning as teams, students will assist not-for-profit organizations with the development and implementation of strategic, business, and marketing plans necessary to meet their goals and objectives. In doing so, students will apply the skills learned in the SHU MBA program in a cooperative effort carried out in the spirit of the Catholic intellectual tradition to produce an outcome worthy of a grade. The mission of the Center is directly aligned with, and in support of, key elements of the mission of Sacred Heart University and the John F. Welch College of Business. The Center’s office is located at on Oakview campus. For further information call, 203-371-7853.

Edgerton Center for the Performing Arts

Since its opening in 1986, the Edgerton Center for the Performing Arts has presented the Fairfield County community with professional-quality theatrical, musical, and dance performances that are both accessible and affordable. Located on the main campus, the center, with a house that seats 776+, has been host to more than 52,000 patrons from over 29 towns since its opening.

In 2005, the Edgerton embarked on a
partnership with Connecticut Family Theatre to establish the center as Connecticut's only professional family theatre. Now offering year-round productions, the Edgerton Center for the Performing Arts features programming designed to complement the educational development and cultural experience of local youth. In addition to offering year-round professional theatre for families, the Edgerton Center also features programming for a variety of audiences.

In addition to offering professional productions to the community, the Edgerton Center for the Performing Arts provides a venue through which Sacred Heart University's students and faculty can express their artistic voice. The Edgerton Center is host to productions from a variety of University organizations including the University’s Theatre Arts Program (TAP), Concert Choir, Women's Chorale Ensemble, Concert Band, String Ensemble and Jazz Ensemble. Thanks to the contributions of Charles and Freda Edgerton, the Edgerton Center for the Performing Arts is a center for all seasons. The theatre is fully renovated and air conditioned, permitting it to remain available to students, faculty, and the community for a wide variety of artistic endeavors.

For all questions and ticketing information, call the box office at 203-371-7908, or visit the center at www.edgertoncenter.org.

**Gallery of Contemporary Art**

The Gallery of Contemporary Art presents exhibits of contemporary works of art in a wide variety of approaches and media. The gallery offers exhibits annually, which include a Student Exhibit, an exhibit of the Art faculty's work and exhibits by professional artists. Most exhibits have associated lectures.

The gallery also administers the University's Collection, the Sculpture on the Grounds program and the Voluntary Percent for Art program. For further information and exhibit hours, call the gallery at 203-365-7650.

**Hersher Institute for Applied Ethics**

Established in 1993, the Hersher Institute for Applied Ethics serves both the University community and the wider Fairfield County community by addressing issues of major ethical concern. The institute assists Sacred Heart University faculty from all disciplines to raise and examine broad ethical concerns and issues specific to their respective disciplines.

The Hersher Institute brings speakers to campus to address the faculty and provides training for integrating ethical viewpoints into the University curriculum. The institute supports the University's wider mission by co-sponsoring, with other departments and institutes, colloquia and conferences that raise important ethical questions for the University scholarly community and the general public. For further information, call 203-365-7657.

**The Center for Spirituality and Ministry**

The Center for Spirituality and Ministry provides educational and pastoral programs addressing needs and concerns of laity. A special emphasis of the center is to contribute to the spiritual, educational and professional formation of lay leaders for Church and society in the spirit of *Gaudium et Spes*.

The center's offices are located within the Administration Building under the aegis of University College and may be reached by phone at 203-371-7843.
Radio Stations

WSHU Public Radio is a professionally operated group of public radio stations licensed to Sacred Heart University with studios and control centers located on the Fairfield campus. A full member of National Public Radio (NPR), it is one of only two such stations in Connecticut and 356 in the United States. WSHU is the principal public radio source for Fairfield and New Haven Counties in Connecticut and Suffolk County, New York. More than 245,700 listeners tune in to the station’s blend of award winning NPR news and talk programs, locally produced classical music, in-depth regional reporting, and unique entertainment.

WSHU utilizes student support in the form of internships, work-study students, and board operators. It also serves as a lab for audio production. In addition to its original 91.1 FM signal, WSHU operates two other radio stations—WSUF 89.9 FM in Noyack, New York, and WSHU 1260 AM in Westport, Connecticut—and seven translators: 90.1 FM (Stamford, CT), 91.3 FM (Huntington Station, NY), 91.7 FM (Ridge, NY), 93.3 FM (Northford, CT), 103.3 FM (Greenport, NY), 105.7 FM (Selden, NY), and 106.5 FM (Derby, CT).

STUDENT SERVICES

Campus Ministry

The office of Campus Ministry provides opportunities for persons of all faiths and religious traditions to share their faith in the life of the University community. Campus Ministry serves students, faculty, staff and the local community through daily liturgies, pastoral counseling, community outreach, educational programming and special projects, events and retreat programs.

Campus Ministry responds to student needs for worship, integration, reflection time, social interaction, meaningful discussion of life issues, responsible social action for justice, and exploration of moral, religious and relational issues.

The Eucharist is celebrated on Sundays and weekdays during the academic year. In addition, University-wide liturgical celebrations mark special days and seasons. Other interfaith worship and prayer opportunities are provided regularly.

The Career Development Center

The Career Development Center offers a variety of services to enhance graduate students’ professional development. Individual assistance as well as group workshops are available. Services include:

- Résumé Creation or Critiques: Résumé writing workshops are available. Staff members also work with students individually to develop the best résumé possible.

- Interviewing Skills Development: Interviewing workshops and individual assistance are available.

- Online Job Postings: The office maintains an online job bank and job search management website exclusively for Sacred Heart University students.

- Job Fairs and On-Campus Interviewing: On-campus recruitment events are offered each semester.

- Internships: Assistance is available in locating opportunities to complete internships in the student’s field of study.

For additional information on the Career Development Center, call 203-371-7975 or visit our website at www.sacredheart.edu/career.cfm.
Council of Graduate Students

The Council of Graduate Students serves as a voice to the University administration on behalf of the graduate student community. Its membership includes representatives from each graduate area of study and meets regularly with members of the faculty and administration. The Council sponsors programs to improve the quality of the graduate student experience.

Dining Services

The University has a contract with Chartwell’s, a professional food service corporation, to provide meals to students. The University Dining Hall, Coyote Jacks Grill (Roncalli Hall), Cambridge Commons, and the Outtakes Convenience Store offer dining service à la carte throughout the day and evening. The Holy Grounds Café, located in Christian Witness Commons, also provides dining services.

The William H. Pitt Health and Recreation Center

The William H. Pitt Health and Recreation Center includes an aerobics room, weight and exercise equipment rooms, indoor track, and volleyball and basketball courts. The complex also houses a professional physical therapy clinic (which is open to the public) in conjunction with the graduate Physical Therapy program. Students may use the facility during scheduled hours for a nominal fee each semester. Contact the Pitt Center director at 203-365-7533.

Graduate students are encouraged to participate in the University’s intramural athletic program. The University sponsors competition in sports such as flag football, basketball and softball.

Wellness Center/ Park Avenue House

Health Services

Health Services offers daily first-response treatment for minor health-related issues. The office is staffed by registered nurses and nurse practitioners. St. Vincent’s Medical Center serves as Sacred Heart’s Physician/Medical Director. A physician is available for appointments twice a week at a direct cost to the student or his or her insurance carrier. Health Services can also make referrals to local health care facilities, fills many basic prescriptions on campus, and has a discount arrangement with a local pharmacy that will deliver to campus. Graduate students may fulfill their immunization requirements through Health Services. Contact the Health Services director at 203-371-7838.

Counseling Services

The Counseling Center provides support services for all students. Professional counselors are available for individual and psychotropic counseling sessions. Personal development workshops are offered by the Center as well as group and topical counseling sessions. Appointments or referrals can be made by calling 203-371-7955.

Meningococcal Vaccine Law

Beginning with the 2002-2003 academic year, the State of Connecticut requires that all students who reside in on-campus halls must be vaccinated against meningitis. Proof of this vaccination must be presented to the appropriate University officials before a student can obtain entry to their resident hall. This new guideline for Connecticut colleges and universities is provided in Public Act 01-93.

For additional information, call the University’s Health Services (203-371-7838), or stop by the lower
level of the Park Avenue House.

**International Student Visa Certification**

An international student requesting an application for a student visa (F-I) must be accepted to the University in a full-time program of study. Since federal and/or state financial assistance is not available to international students, the student is also required to present certified evidence of sufficient funding to cover education and living expenses.

If, after attending the University, the student decides not to return, notification must be made in writing to the Office of International and Multicultural Affairs. If a student wishes to travel during the authorized time of study at the University, he or she must present a current I-20 form to the Office of Student Life for certification prior to departure. A student not following the regulations of the U.S. Department of Justice Immigration and Naturalization Service is considered out of status and may be subject to deportation from the United States.

**Public Safety and Parking**

The Department of Public Safety, located in the Academic Center, is committed to fostering an environment in which all those who live, study, work or visit within the University campus are able to do so in a safe and secure environment. The department is committed to providing professional, timely and efficient public safety services to all its constituents on a 24-hour-a-day, seven-day-a-week basis.

Public Safety officers patrol the buildings and grounds of the University via vehicle, bicycle and foot. Services provided by the department include personal safety escorts, motor vehicle assistance (unlocks and jump-starts) and emergency medical response and treatment, as well as maintaining a lost-and-found department. Public Safety also enforces parking and traffic regulations, provides key control and locksmith services, and investigates and documents incidents on campus. Public Safety is the emergency response department on campus and acts as the liaison with the local police, fire and ambulance services.

All vehicles parked on campus must display a University decal, which can be purchased at the Bursar’s Office - Academic Center SC-Wing. Temporary parking passes are also available at the Information Booth at the entrance to the campus, or Bursar’s Office/Student Accounts.

**Department of Public Safety Telephone Numbers**

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Visit: www.sacredheart.edu/publicsafety.cfm

**Sports Medicine and Rehabilitation Clinic**

The University operates two physical therapy and hand therapy clinic facilities, one on campus affiliated with the academic program in Physical Therapy, and one in Shelton, Connecticut. The on campus clinic is located in the William H. Pitt Health and Recreation Center. The clinics provide physical therapy and hand therapy services to students, employees and the public. Clinic staff include members of the Physical Therapy program faculty as well as several staff members who are advanced clinicians in orthopedic, sports physical therapy and hand therapy. All are licensed physical therapists. The clinics operate five days a week, 12 hours a
Clinic service is also closely affiliated with the University's Athletic Training program to serve the rehabilitation needs of our student-athletes.

The clinical facility features the latest technological equipment in isokinetic testing with a new Biodex II system, a full range of orthopedic and sports physical therapy evaluation resources, a therapeutic pool and a full hand rehabilitation center. Patients may take advantage of the comprehensive fitness facilities of the William H. Pitt Health and Recreation Center under the supervision of a physical therapy staff member. The clinics are authorized providers for most major medical insurance carriers. For further information, call 203-396-8181.

Student Activities

The Office of Student Activities sponsors concerts, lectures and other activities for the University community. Graduate students are welcome to participate in these and other campus activities, such as band, chorus and co-curricular interest groups. Fees or admission charges may apply.