

**Program in Physical Therapy
Sacred Heart University**

Exercise Science Model – 3+3 A¹

Undergraduate Major in Exercise Science with Pre-Physical Therapy (DPT) requirements

<u>Year 1; Fall</u>		<u>Year 1; Spring</u>		<u>Year 1; Summer</u>	
EN 110	3	B4 Elective	3	BI 131 (A&P I)*	4
HI 101	3	CA 021	3	BI 132 (A&P 2)*	<u>4</u>
MA 140	4	MA 131	3		8
BI 111/113	4	BI 112/114	4	* Mandatory courses	
		HM 100	<u>3</u>	(No substitution options)	
	<u>14</u>		16		
<u>Year 2; Fall</u>		<u>Year 2; Spring</u>		<u>Year 2; Summer</u>	
PS 103 (B2 Elective)	3	EN 101	3	CH 151/153	4
B1 Elective	3	PS 295 (B2 Elective)	3	CH 152/154	<u>4</u>
PY 111/113	4	PY 112/114	4		8
HM 250	4	HM 253	3		
B1 Elective	<u>3</u>	HM 260	<u>4</u>		
	17		17		
<u>Year 3; Fall</u>		<u>Year 3; Spring</u>			
EX 358	3	EX 363	4		
EX 362	4	EX 365	4		
HM 255	3	B2 Elective	3		
B4 Elective	3	B4 Elective	3		
Elective	<u>3</u>	Elective	<u>3</u>		
	16		17		
<u>Year 4; Fall²</u>		<u>Year 4; Spring</u>			
Physical Therapy	17	Physical Therapy	16		

¹Students who have not had high school Physics, or who are insecure in math and/or Physics background are encouraged to consider the 3+3 B model instead of the 3+3 A model.

²DPT Program matriculation requires completion of all prerequisite and require non-Physical Therapy undergraduate courses. PT 611, Structure and Function I (7 credits) will conclude Exercise Science degree requirements.

**Program in Physical Therapy
Sacred Heart University**

Exercise Science Model – 3+3 B¹

Undergraduate Major in Exercise Science with Pre-Physical Therapy (DPT) requirements

<u>Year 1; Fall</u>		<u>Year 1; Spring</u>		<u>Year 1; Summer</u>	
EN 110	3	B4 Elective	3	BI 131 (A&P I)*	4
HI 101	3	CA 021	3	BI 132 (A&P 2)*	<u>4</u>
MA 140	4	MA 131	3		8
BI 111/113	4	BI 112/114	4	* Mandatory courses (No substitution options)	
	<u>14</u>	HM 100	<u>3</u>		
			16		
<u>Year 2; Fall</u>		<u>Year 2; Spring</u>		<u>Year 2; Summer</u>	
PS 103 (B2 Elective)	3	EN 101	3	CH 151/153	4
B1 Elective	3	PS 295 (B2 Elective)	3	CH 152/154	<u>4</u>
PY 100 ¹	4	B4 Elective	3		8
HM 250	4	HM 253	3		
B1 Elective	<u>3</u>	HM 260	<u>3</u>		
	17		15		
<u>Year 3; Fall</u>		<u>Year 3; Spring</u>			
EX 358	3	EX 363	4		
EX 362	4	EX 365	4		
HM 255	3	PY 112/114	4		
PY 111/113	4	Elective	3		
B4 Elective	<u>3</u>	B4 Elective	<u>3</u>		
	17		18		
<u>Year 4; Fall²</u>		<u>Year 4; Spring</u>			
Physical Therapy	17	Physical Therapy	16		

¹The 3+3 B program is designed for those who have not had high school Physics, or who are insecure in math and/or Physics background.

²DPT Program matriculation requires completion of all prerequisite and require non-Physical Therapy undergraduate courses. PT 611, Structure and Function I (7 credits) will conclude Exercise Science degree requirements.