



College of Health Professions

Certificate in Geriatric Health and Wellness

PROGRAM DESCRIPTION

People over the age of 65 make up one of the fastest growing segments of the population of many industrialized nations. The great variation in health, daily function, cognition, social roles, and living conditions among these older adults requires that allied health, medical, social service, social science, health education, health management, and movement science professionals develop the competence to address the unique needs of this age group.

The **Geriatric Health and Wellness Program** is a 100% **online 12 credit program** (without residency) designed to provide a scope of graduate studies that engages the student in the current evidence of normal and abnormal aging, community, health care delivery systems, ethics and other pertinent topics. An understanding of wellness and health promotion for older adults, functional decline risks, provision of care to elders with disability, the changing societal roles of the elder individual and the factual aspects of the aging process will prepare professionals as providers and advocates for this population.

It is our firm belief that those who successfully complete the program will emerge as leaders of health-care teams, effective advocates for the elderly and their families, sophisticated care providers, knowledgeable managers of comprehensive and particular care setting, and respected innovators whose ideas and work will have a positive and lasting effect on geriatric healthcare.

UNIQUE PROGRAM ATTRIBUTES

An Interdisciplinary Approach to Learning providing the wide array of knowledge required to minister to a broad diversity of conditions from chronic ailments to acute illness.

A Contemporary Curriculum rooted in "evidence-based" practice leading to more effective evaluations, critical thinking, interventions, management decisions and outcomes.

An Integrated Philosophy which emphasizes building/working with an effective interdisciplinary team and promoting health/wellness by considering a multitude of options, including therapeutic, medical and holistic care, access and systems.

Faculty: Based on the latest philosophies guiding this field of study, the experience of the faculty spans Physical Therapy, Occupational Therapy, Health Care Management and Administration, Nursing, Exercise and Life Science. This program incorporates a host of innovations to prepare students for the challenges of 21st century geriatric care.

Online Learning: The Geriatric Health & Wellness program is **100% online**. Sacred Heart University's Online Learning is an Internet-based teaching/learning experience. It is available 24 hours a day, 7 days a week and **allows for easy information interchange between student and instructor anytime, anyplace.**

Your Program of Study		
Semester	Course	Title (Credits)
Fall 1	GW 522	The Physiological Process of Aging (3)
	GW 524	The Psychological and Socio-cultural Aspects of the Aging Process (3)
Spring 1	GW 534	Wellness Across the Continuum of Care (3)
	GW 535	Ethical & Moral Issues in Geriatric Health Care (3)
Summer 1	GW 512	Systems of Health Care Delivery (3)

Please pick 4 of the 5 listed to complete your 12 certificate program.

ADMISSION

This Program is designed for the academically talented student. For admissions requirements and the online application, please go to: http://www.sacredheart.edu/pages/3086_ghw_admission_requirements.cfm

MORE QUESTIONS?

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Please also visit our website for the most up-to-date information on our graduate programs, news and events: www.sacredheart.edu/graduate.cfm

