

**Program in Physical Therapy  
Sacred Heart University  
Exercise Science Model – 3+3 A<sup>1</sup>**

**Undergraduate Major in Exercise Science with Pre-Physical Therapy (DPT) requirements**

<u>Year 1; Fall</u>		<u>Year 1; Spring</u>		<u>Year 1; Summer</u>	
EN 110	3	Core Elective: RSP	3	BI 131/133 (A&P 1)*	4
HI CC 101	3	EN CC 102	3	BI 132/134 (A&P 2)*	<u>4</u>
MA 140	4	MA 131	3		8
BI 111/113	4	BI 112/114	4	* Mandatory: no course substitution options	
PS 110 (SBS Elective)	<u>3</u>	CA 101	3		
	17	IL 101	<u>1</u>		
			17		
<u>Year 2; Fall</u>		<u>Year 2; Spring</u>		<u>Year 2; Summer</u>	
EX 100	3	PS 295 (SBS Elective)	3	CH 151/153	4
CC 103	3	CC PH or CC RS 104	3	CH 152/154	<u>4</u>
PY111/113 (or CH 151/153)	4	PY 112/114 (or CH 152/154)	4	or	8
HM 250 (or Spr Yr 2)	4	HM 253	3	PY 111/113	
Core Elective: H	<u>3</u>	HM 260 (or Fall Yr 3)	<u>4</u>	PY 112/114	
	17		17		
<u>Year 3; Fall</u>		<u>Year 3; Spring</u>			
EX 358	3	EX 363	4		
EX 362	4	EX 365	4		
HM 255	3	Core Elective: SBS	3		
Core Elective: RSP	3	Core Elective: RSP	3		
Core Elective: H	<u>3</u>	Core Elective: H	<u>3</u>		
	16		17		
				Total Credits	117
<u>Year 4; Fall<sup>2</sup></u>		<u>Year 4; Spring</u>			
Physical Therapy <sup>3</sup>		Physical Therapy			

Core Electives: H = Humanities; SBS = Social and Behavioral Sciences; RSP = Religious Studies and Philosophy. These may be taken in any order and in any semester where space permits.

<sup>1</sup>Students who have not had high school physics, or who are insecure in math and/or physics background are encouraged to consider the 3+3 B model instead of the 3+3 A model.

<sup>2</sup>DPT Program matriculation requires completion of all prerequisite and required non-Physical Therapy undergraduate courses.

<sup>3</sup>PT 621 (4 credits) will fulfill the remained Exercise Science credit requirements. This course (with associated credits and grades) will be applied to the undergraduate degree in Exercise Science.

**Program in Physical Therapy  
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Exercise Science Model – 3+3 B<sup>1</sup>**

**Undergraduate Major in Exercise Science with Pre-Physical Therapy (DPT) requirements**

<u>Year 1; Fall</u>		<u>Year 1; Spring</u>		<u>Year 1; Summer</u>	
EN 110	3	Core Elective: RSP	3	BI 131/133 (A&P 1)*	4
HI CC 101	3	EN CC 102	3	BI 132/134 (A&P 2)*	<u>4</u>
MA 140	4	MA 131	3		8
BI 111/113	4	BI 112/114	4	* Mandatory: no course substitution options	
PS 110 (SBS Elective)	<u>3</u>	CA 101	3		
	17	IL 101	<u>1</u>		
			17		
<u>Year 2; Fall</u>		<u>Year 2; Spring</u>		<u>Year 2; Summer</u>	
EX 100	3	PS 295 (SBS Elective)	3	CH 151/153	4
CC 103	3	CC PH or CC RS 104	3	CH 152/154	<u>4</u>
PY 100	4	Core Elective: RSP	4	or	8
HM 250 (or Spr Yr 2)	4	HM 253	3	PY 111/113	
Core Elective: H	<u>3</u>	HM 260 (or Fall Yr 3)	<u>4</u>	PY 112/114	
	17		16		
<u>Year 3; Fall</u>		<u>Year 3; Spring</u>		<u>Year 3; Summer</u>	
EX 358	3	EX 363	4	Core Elective: SBS	3
EX 362	4	EX 365	4		
HM 255	3	PY 112/114 (or CH 152/154)	3		
PY111/113 (or CH 151/153)	4	Core Elective: RSP	4		
Core Elective: H	<u>3</u>	Core Elective: H	<u>3</u>		
	17		18		
				Total Credits	121 <sup>3</sup>
<u>Year 4; Fall<sup>2</sup></u>		<u>Year 4; Spring</u>			
Physical Therapy <sup>3</sup>		Physical Therapy			

Core Electives: H = Humanities; SBS = Social and Behavioral Sciences; RSP = Religious Studies and Philosophy. These may be taken in any order and in any semester where space permits.

<sup>1</sup>The 3+3 B program is designed for those who have not had high school physics, or who are insecure with their math and/or physics background.

<sup>2</sup>DPT Program matriculation requires completion of all prerequisite and required non-Physical Therapy undergraduate courses.

<sup>3</sup>Request through the Registrar deferral of graduation until the following May to maintain undergraduate status and benefits.